



PUBLIC HEALTH WARNING
Mayor Mark A. Cayer
March 24, 2020



“Social Distancing” is not a buzz word; it is behavior that saves lives. Coronavirus is in Maine, is in Androscoggin County, and we all need to work together to stop transmission.

Mayor Mark Cayer notes, *“Coronavirus is a public health emergency, and Lewiston residents must immediately cease close contact with others. This is **absolutely necessary** to stop the transmission of this highly contagious, dangerous virus.”*

Mayor Cayer also supports Governor Janet Mills’ 3-24-20 Executive Order mandating that all non-essential businesses and operations in Maine close their physical locations that are public facing, meaning those that allow customer, vendor or other in-person contact. The Order also closes non-essential business sites that require more than ten workers to convene in a space where physical distancing is not possible. Non-essential businesses and operations may continue activities that do not involve these types of in-person contact and convening, and should facilitate the maximum number of employees working remotely.

The Order is effective tomorrow, March 25, 2020 at 12:01 a.m. and extends for a period of 14 days through April 8, 2020 at 12:00 a.m.

How Do You Practice Social Distancing?

As an individual, you can lower your risk of infection by reducing contact with other people. For example, make one trip to the grocery store versus several; avoid handshakes; utilize video meetings versus face-to-face meetings (like the City is doing); work from home; pick up take-out food at curbside; avoid social gatherings and activities; postpone appointments not of a critical nature; and when you absolutely have to be around others, please keep a 6-foot distance.



(Visual Representing Social Distancing)

If social distancing does not occur in Lewiston, a ***“shelter in place”*** order will be issued. This order will require individuals to stay at their residence unless seeking necessities such as food or medical assistance. Please help us stop virus transmission. Our families, our community, and our lives depend on it. COVID19 Updates at: www.lewistonmaine.gov