



# City of Lewiston

**Edward A. Barrett**  
City Administrator  
[ebarrett@lewistonmaine.gov](mailto:ebarrett@lewistonmaine.gov)

**Phil Nadeau**  
Deputy City Administrator  
Director, Labor-Risk Management  
Service & Freedom of Access Officer  
[pnadeau@lewistonmaine.gov](mailto:pnadeau@lewistonmaine.gov)

## Greetings from the City of Lewiston

Each month, this report from the City Administrator's office provides a brief summary and update of major activities, events, projects, and programs that impact the community of Lewiston. Feel free to send your comments and suggestions.

**Lewiston City Hall**  
27 Pine Street  
Lewiston, ME 04240  
(207) 513-3121 & TTY/TDD 513-3007

## Table of Contents

**City Administrator..... Page 2-3**

**Finance..... Page 4**

**Fire..... Page 5-6**

**Lewiston Public Library.....Page 7**

**Lewiston School Superintendent..... Page 8-10**

**Planning & Code Enforcement ..... Page 11-12**

**Police..... Page 13-15**

**Public Works..... Page 16-21**

**Wellness Team Updates..... Page 22**

# City Administrator

Edward A. Barrett

## 2014 to 2015 Elected Officials – A Look Back on Accomplishments

In January, newly elected officials will assume office. This presents an opportunity to both look forward to new and on-going challenges and reflect back on what has been accomplished. What follows is a summary of some of the major accomplishments of our current Mayor and Councilors.

### Downtown and Riverfront Development

On the Riverfront, plans are becoming a reality. Among the projects that have been completed are upgrading the pedestrian bridge entry into Simard-Payne Park and completing the new entryway into the park from Lincoln Street. Other projects, including the amphitheater and water access improvements, are virtually complete. Portions of Oxford Street have been repaved, including a new sidewalk. The Hampton Inn has opened. Rails has opened. A responsible developer has purchased the Pamco Building. The City acquired the property at 2 and 28 Oxford Street and now holds a significant ownership in a key block designated for eventual redevelopment. While the Riverfront Island Master Plan is a long-range document, this group of elected officials has moved it well into implementation

Downtown improvements continue (*see photos on the next page*). Argo completed the renovation of the former McCrory's building. Our land development code was amended to allow a micro-brewery to be located adjacent to Fuel. Marche is under new ownership, and the Orchid restaurant appears to be doing well. We are working with the new owners of 46 Lisbon Street in an effort to assist them in renovating that property. While the Lisbon Street repaving project has been delayed, it will be going to bid this winter for construction next year. The first set of our new wayfinding signs have been installed directing people to our waterfront and downtown areas.

### Mill 5

Considerable time has been spent on the effort to revitalize Mill 5. At Council direction, we are working on a joint development agreement that we hope to have available in the near future for Council review. There is strong interest from several "anchor" tenants including Central Maine Health Care and the YMCA. Other parties have expressed interest in the building. This is clearly the last, best chance to save this structure.



### Economic Development

Lewiston and Auburn reached an agreement creating a framework for the future of the Lewiston Auburn Growth Council, the cities' joint economic development agency. A new President has been recruited and came on board in January 2014. Staffing at the organization has undergone significant

changes. A first draft of an Economic Development Strategy has been produced. LAEGC has refocused its efforts on supporting entrepreneurship and local business retention and expansion, along with its traditional role of attracting businesses and investments to the Community. The organization has new leadership, new staff, and a new vision.

### The Comprehensive Plan

This Council made it a priority to develop a new comprehensive plan to guide the City's mid to long-range future. That process began with an innovative approach to public participation – a five day long planapalooza that brought out an unprecedented level of public involvement. Utilizing the input from the public and the work of a Comprehensive Plan Advisory Committee, our consultants provided a draft plan that is both innovative and exciting. The Planning Board is nearing the end of its own plan review process and will soon hold a public hearing and report to the Council. While this plan will likely be adopted by the new Council, it is clearly a legacy from this Council which has supported and encouraged this effort throughout its term in office.

Stay tuned for more on this in next month's report.



# Finance

Heather Hunter, Director

Spring and summer months are when most of the highway, road rehab, and paving projects are generally bid. In addition to City Bond and Operating Capital resources for projects, there are a number of MDOT Locally Administered Projects (LAP) where the City Engineering Division develops plans and specifications. Once approved by MDOT, the City solicits bids and makes award with MDOT approval. **All bids** are awarded by the Finance Committee.

Purchasing has worked with departments to solicit fifty-nine (59) formal bids from January 2015 to date. Of those, seventeen (17) are construction projects.

The following table represents the bid activity for construction type projects showing the cost estimate, bid amount, value of savings and contract amount.

2015 Bids & Awards					
Bid #	Bid Title	Construction Estimate	Apparent Low Bid Amount	Bid to Estimate Savings	Contract Amount
2015-001	Lewiston Riverfront Amphitheater	\$ 271,975.00	\$ 384,972.00	\$(112,997.00)	\$ 343,265.32
2015-003	Armory Heating System Improvements	50,000.00	36,150.04	13,849.96	36,150.04
2015-004	Hart Brook Water Quality Restoration	250,000.00	197,188.00	52,812.00	197,188.00
2015-010	North Temple Storm Drain	200,000.00	153,264.14	46,735.86	153,264.14
2015-011	Main Street Storm Drain	225,000.00	200,336.00	24,664.00	200,336.00
2015-013	Larrabee Road Rehabilitation	165,000.00	153,333.00	11,667.00	153,333.00
2015-014	Water Main Replacement 2015	500,000.00	494,722.50	5,277.50	494,722.50
2015-019	HMA Paving of Various Streets	1,300,000.00	1,244,621.25	55,378.75	1,244,621.25
2015-022	Armory Bldg Exterior Rehab. Project	90,000.00	101,294.99	(11,294.99)	101,294.99
2015-024	Sabattus St Water Main Replacement	600,000.00	492,892.00	107,108.00	492,892.00
2015-025	Reclaiming of Existing Asphalt	35,000.00	27,555.00	7,445.00	27,555.00
2015-026	Street Rehabilitation Program Support	250,000.00	228,780.00	21,220.00	228,780.00
2015-033	Park Street Rehabilitation	396,000.00	274,672.00	121,328.00	274,672.00
2015-034	Oxford Street Rehabilitation	350,000.00	283,998.00	66,002.00	283,998.00
2015-046	Retrofit Storm Water Detention Pond	80,000.00	99,046.00	(19,046.00)	99,046.00
2015-048	Dumont Ave Water & Sewer Replacement	440,000.00	374,999.99	65,000.01	374,999.99
2015-055	River Rd Pump Station Replacement	150,000.00	124,457.00	25,543.00	124,457.00
	<b>TOTALS</b>	<b>\$ 5,352,975.00</b>	<b>\$ 4,872,281.91</b>	<b>\$ 480,693.09</b>	<b>\$4,830,575.23</b>

# Fire

Chief Paul LeClair



## Friday, October 10th– Zero Turn Lawnmower Fire

The fire was located in the engine compartment of the lawn mower was caused by an accumulation of dried leaves and grass clippings near the hot engine. Substantial damage to the mower was sustained.

**\*\*\*\*\*Please remember to clean your mower after every use\*\*\*\*\***



## Wednesday, October 28th—Vehicle Fire

The fire originated in the engine compartment of the vehicle caused by mechanical failure. The vehicle was considered a total loss. Thankfully the driver of the vehicle escaped without injury.

## A FRIENDLY REMINDER ABOUT SMOKE DETECTORS

Keep your family safe with a working smoke detector in every bedroom, outside each separate sleeping area and at every level of your home, including the basement.



**Did you know** that roughly half of home fire deaths result from fires reported between 11 PM & 7 AM? **Smoke alarms save lives!** If there is a fire in your home, smoke spreads fast and you need smoke alarms to give you time to get out. In fact, having a working smoke alarm cuts the chances of dying in a reported fire in half!

# Thanksgiving Safety



The kitchen is the heart of the home, especially at Thanksgiving. Kids love to be involved in holiday preparations. Safety in the kitchen is important, especially on Thanksgiving Day when there is a lot of activity and people at home.

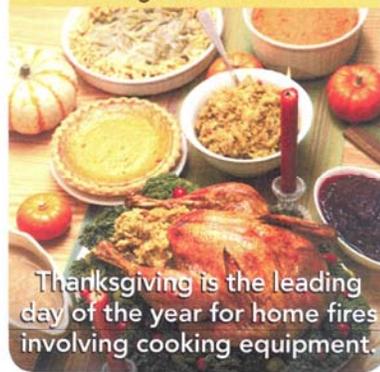
- » Stay in the kitchen when you are cooking on the stovetop so you can keep an eye on the food.
- » Stay in the home when cooking your turkey and check on it frequently.
- » Keep children away from the stove. The stove will be hot and kids should stay 3 feet away.
- » Make sure kids stay away from hot food and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- » Keep the floor clear so you don't trip over kids, toys, pocketbooks or bags.
- » Keep knives out of the reach of children.
- » Be sure electric cords from an electric knife, coffee maker, plate warmer or mixer are not dangling off the counter within easy reach of a child.
- » Keep matches and utility lighters out of the reach of children — up high in a locked cabinet.
- » Never leave children alone in room with a lit candle.
- » Make sure your smoke alarms are working. Test them by pushing the test button.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

## Did you know?



Thanksgiving is the leading day of the year for home fires involving cooking equipment.

**Have activities** that keep **kids out of the kitchen** during this busy time. Games, puzzles or books can keep them busy. Kids can get involved in Thanksgiving preparations with recipes that can be done **outside** the kitchen.

Name or Organization Here

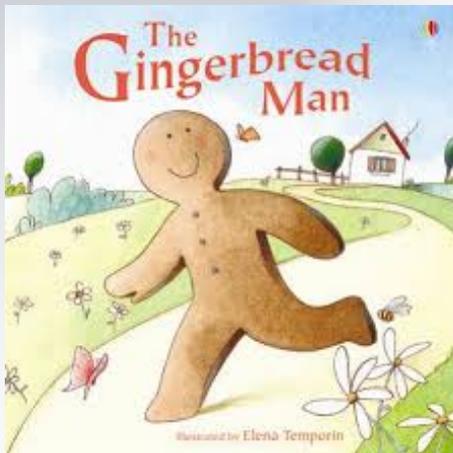
Contact Information Here

[www.nfpa.org/education](http://www.nfpa.org/education)

## Save the Date! (12/19)

Quick! Get out your winter jackets! Lewiston Public Library will be hosting our annual **Gingerbread Day on Saturday, December 19th** from 11 AM –2 PM in Callahan Hall! It will be a celebration of all things wintery and joyful! There will be fake snow, hand-crafted snowflakes, do-it-yourself candy canes, and a lovely reading nook to sit with your child and escape into a good book! We will have tiny gingerbread houses and sweet gingerbread people to decorate, a silly photo booth (made to look like a giant gingerbread house), snowflake-construction, scrumptious hot coca and popcorn, and more! Ages 0-12 and families are very welcome!

Please contact the Lewiston Public Library's Children's Department at **513-3133** or email us at [lpkids@lewistonmaine.gov](mailto:lpkids@lewistonmaine.gov) for any questions about the event.





## School Superintendent Bill Webster

Lewiston Public Schools

### Email Distribution List

Readers of the (School Department) monthly report who do not receive it directly via email may do so in the future by emailing Sue Turgeon at [suturgeon@lewistonpublicschools.org](mailto:suturgeon@lewistonpublicschools.org).

### School Committee Election Results

Below are the unofficial results from the 11/3 election:

Ward	Candidate	Votes
1	Linda Scott	950
2	Paul St. Pierre	1,277
3	Francis Gagnon	579
4	James Handy	573
	Benjamin Martin	597
5	Jama Mohamed	247
	Richard White	406
6	Dawn Hartill	537
	Matthew Roy	713
7	Tina Hutchinson	567
	Thomas Shannon	623
At Large	John Butler	3,422
	Megan Parks	3,762

A recount is expected on the Ward 4 vote. The new School Committee will be sworn in at the inauguration ceremony planned for Monday, January 4<sup>th</sup>. The only order of business will be the election of the chairperson for calendar 2016. The first regular meeting of the new School Committee will be on Monday, January 9<sup>th</sup>.

### Update on New Elementary School

On October 21, attendees voted 72-0 to support this proposed school on the Franklin Pasture site. This informal straw poll is one of the inputs used by the State Board of Education in determining its support for the project, which they will finalize on November 10<sup>th</sup>. Once approved, we will proceed with building design and finalizing site layout. In addition, we just signed the purchase and sale agreement for Drouin Field, now owned by the Archdiocese of Portland, at the appraised purchase

price of \$270,000. This land will provide sufficient space for the relocation of all playing fields. Lewiston Public Schools paid a \$25,000 deposit with the remainder owed by July 1, 2016. Funding for the land deposit is through the previously approved LCIP for the new school.

### **Proposed Farwell Expansion**

In order to accommodate further expected enrollment increases, the School Committee and Lewiston Planning Board have given support to a 6-classroom expansion of Farwell Elementary School. Two options are under consideration, one is for more temporary leased space and the other a permanent addition attached to the existing building. On November 5th, an informational meeting will be held at Farwell to go over this plan. Before proceeding, the School Committee will be finalizing its approval on November 9, and final authorization awaits the support of the City Council on Tuesday, November 17<sup>th</sup>.

### **Proposed Charter Schools**

The Maine Charter School Commission took public testimony on October 26<sup>th</sup> on the two remaining charter school applications still in the running to open in Maine during the fall of 2016. The two proposed schools are the Acadia Academy of the Lewiston-Auburn area and Snow Pond Arts Academy in Sidney. On November 17th, the Commission will decide whether to enter into contract negotiations with each applicant or deny the application. All proceedings are open to the public.

### **Substitutes for Teachers and Educational Technicians**

Over the last three years we have made a concerted effort to increase the “fill rate” for staff out for illness, medical leave, professional development or open positions. At best, we had only been able to reach a 75% fill rate, meaning that on any given day an average of 25% or 1 in 4 of the vacancies were not filled.



This has contributed to staff stress and insufficient

educational resources for our students. Last summer we hired Kelly Educational Services, as the firm has a track record with districts across the country of reaching fill rates of 90% to 95%.

Unfortunately, our experience to date this year has been a fill rate of around 60%, a very unacceptable level. Part of the issue was finding that our rate of pay was now below market, and that was rectified on October 5<sup>th</sup> when the School Committee increased the rate for certified substitutes to \$100 per day. The onus is now on Kelly to move quickly to expand the sub pool and increase the fill rate to higher and higher levels. We have a commitment from Kelly to bring new national resources to their local Maine office to greatly improve the situation. I want everyone to know that we view this as a very critical issue and are monitoring daily Kelly’s work. I expect to report some favorable results to the School Committee in December.

**Tweets and Facebook Entries** on the next page.

## Tweets and Facebook Entries



Follow me on Twitter @LewistonSuper or on Facebook at *Lewiston Public Schools Superintendent.*

Date	Tweet
10/2/15	I am pleased to be joining the Tree Street Youth Board and contributing to the synergy between Tree Street and LPS.
10/6/15	School Committee unanimously approves policy change to allow superintendent to delay school starts due to weather this school year.
10/6/15	School Committee approves Agreement allowing Monmouth students to participate in girls' ice hockey. Also, open to Oak Hill.
10/15/15	Lewiston JA volunteers needed for all 3 <sup>rd</sup> grades & other selected classes. Please contact Jill at JJamison@jamaine.org
10/16/15	Governor LePage appoints Bill Beardsley to be Acting DOE commissioner. Tom Desjardin returns to Deputy Commissioner.
10/21/15	At the MSMA Fall Conference listening to keynote speaker, author Michael Toth - "We should see evidence of students wrestling with new content as they build the stamina required to reach higher levels of thinking."
10/28/15	School Committee unanimously supports additional Longley ELL teacher and three additional Montello positions – Assistant Principal, Ed Tech and Social Worker.
10/29/15	Do you know Lewiston? Play Lewiston Jeopardy on 11/4 6PM Callahan Hall. Sponsored by the LYAC & the Public Library.
10/30/15	Just participated remotely in review of new school site by the State Board's Construction Subcommittee. Next step is full Board meeting on 11/10.

# Planning & Code Enforcement

Gil Arsenault, Director

## Wayfinding Signs

Wayfinding signs have finally been erected in the City of Lewiston! As part of a joint effort with the City of Auburn, each community worked with W.S. Sign Design Corporation to have signs manufactured and installed in various locations throughout L/A. The intent of this signage is to assist visitors in finding their way to key locations, including our downtowns and riverfronts. (see pics to the right and on next page)

The signage was initially designed by Robert White at ORW Landscape Architects and Planners in conjunction with the cities of Lewiston and Auburn and the Androscoggin Land Trust. The cost of the design was paid for via grants received by the Land Trust. The objective of the signage design was to create a family of signs in both communities with a recognizable clean 'look' using bold colors and symbols to communicate information and to catch the eye of the users. The stripes are a symbol of the river between the two cities and are arrayed at the top of the signs with either Lewiston or Auburn written out, depending on the location of the sign, to orient visitors at a glance. The colors reference the brick colors of the mills with a blue river running between the two cities.

This project would not have happened without a great deal of coordination and assistance from Lewiston Public Works and Auburn's Planning staff.

Comments received have been mixed: folks seem to agree the signs are attractive, but some question the size, locations, or the need for additional signs. A few more signs are scheduled to be installed before the end of the year, including an informational kiosk at the gateway to Simard-Payne Park.

Please let us know your thoughts about this.



## Planning Board

The following actions were taken on October 26th:

- The Board made a motion to send a favorable recommendation to the City Council for a capital expenditure estimated at \$1.96 million for the construction and financing of a six classroom stick-built building adjacent to Farwell Elementary School for occupancy by no later than August 2016.
- The Board made a motion to send a favorable recommendation to the City Council for the acquisition of 119 Walnut Street (i.e. Drouin Field).
- The Board made a motion to send a favorable recommendation to the City Council for the acquisition via a donation of 35 Ellis Street rear.
- The Board granted approval to Burns & McDonnell, Engineering on behalf of Central Maine Power Company to construct a new substation at 51-53 Middle Street to serve two transmission lines between Lewiston Lower and Gulf Island Substation.

## Enforcement Action

Two solid waste civil penalties and one citation were issued and four properties were condemned via the International Property Maintenance Code. On October 6th, owners of the following properties were in District Court for enforcement action:

- 155 Spring Street
- 165 & 179 Spring Street
- 192 Pine Street
- 206 Park Street
- 32 Horton Street
- 275 Bates Street
- 899 Main Street

and on October 26th, 172 Blake Street was in Court. Individual consent judgements were negotiated requiring the defendants to reimburse the City for legal costs, to pay civil penalties, and to abate violations.

## PERMIT ACTIVITY - 2015

- ◆ 39 building permits with a reported value of \$419,274 with no single-family homes permitted
- ◆ 10 plumbing permits
- ◆ 28 electrical permits

There were no major projects.

## PERMIT ACTIVITY - 2014

- ◆ 62 building permits with a reported value of \$1,082,943 with two new single-family homes permitted
- ◆ 16 plumbing permits
- ◆ 34 electrical permits

There were no major projects.



# Police

Mike Bussiere, Chief

## Statistics for OCTOBER

A total of **3,260** Calls for Service (CFS) were responded to in **October 2015**. Summary below:



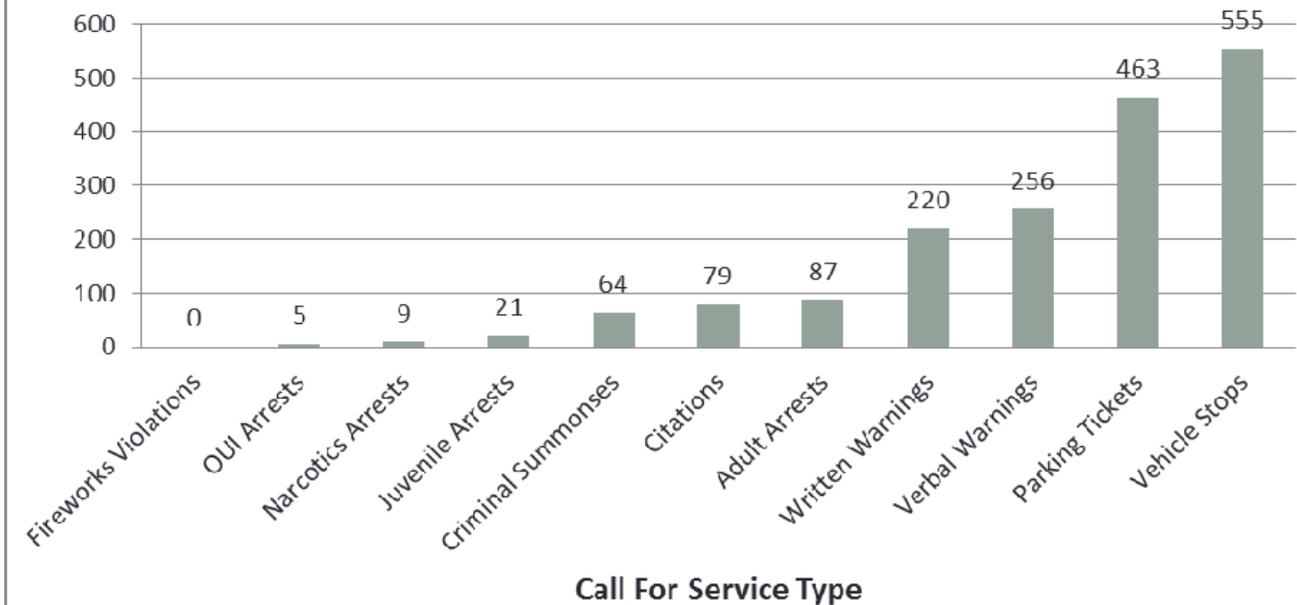
© Can Stock Photo - csp0927969

Calls For Service	10/2015
Total CFS	3,260
Vehicle Stops	555
Citations	79
Written Warnings	220
Verbal Warnings	256
Adult Arrests	87
Juvenile Arrests	21
Criminal Summonses	64
Narcotics Arrests	9
OUI Arrests	5
Parking Tickets	463
Fireworks Violations	0



© Can Stock Photo - csp0927969

### October 2015



# Community Events

## Meetings attended by Lewiston Police during the month of October:

- Androscoggin Community Collaborative
- Healthy Androscoggin
- CPPC (Community Partnerships for Protecting Children)
- New Mainer Community Collaborative
- World Refugee Day Planning
- Human Trafficking Collaborative
- Hot Spot Planning (statewide)
- Community Youth Services (board meeting)

## Special Olympics

Officer Griffin attended the Special Olympics bowling activity.

## Officer Philippon participated in the following community-oriented activities:

- Conducted a Police Orientation course for Catholic Charities of Maine
- Continued to work on the implementation of Project Lifesaver
- Worked on Project Midnight - which focuses on topics and issues surrounding mental health
- Attended fall festivals hosted by Montello and Farwell Elementary Schools
- Attended bandstand/gazebo dedication ceremony in Kennedy Park

## School Lock-down Drills & Bus Safety

Sergeant R. St. Laurent and Officers Griffin and Philippon assisted with school lockdown drills at Lewiston High School and Lewiston Middle School. They also taught Bus Safety in Lewiston's elementary schools.

## Coffee with a Cop

Officer Griffin attended various sessions of Coffee With A Cop: Oak Park, Frye School Apartments, Blake Street Towers, and Birch Hill Apartments, respectively.



Officer Philippon participated in the ribbon cutting ceremony for the grand opening of the Learning Tower building at Central Maine Community College.



Pictured above are Detective Brochu and Officer Philippon at the Lewiston Recreation Department's first **Trunk or Treat** event at the Lewiston Armory (**over 300 children participated!**) LPD also participated in two other Trunk or Treat events at the Vineyard and the Chamber's Lisbon St. event.

# Enforcement

## Speeding Concerns

In order to address concerns with speed, the radar trailer was deployed in various locations over the course of the month including, but not limited to:

- **Stetson Road**
- **East Avenue**
- **Grove Street**
- **Gina Street**

## Sex Offender Notification

Sergeant R. St. Laurent, with Officers Griffin and Philippon provided citizens with notifications of sex offenders moving within the community.

## Bicycle Patrols

Bike patrol continued throughout Lewiston focusing on the city's parks and parking garages.

Sergeant R. St. Laurent and Officer Griffin worked to curb liquor violations and loitering while on bike patrol.

# Recruitment

## PERSONELL Recruitment

Officer Philippon spoke with several individuals regarding recruitment and employment.

## CENTRAL MAINE COMMUNITY COLLEGE

Corporal Eugene Kavanagh has continued his yearly instruction of Police Operations at Central Maine Community College. Several employees of Lewiston PD have made presentations to the class throughout the semester.

## JOB FAIRS

Officer Philippon represented Lewiston Police Department during Job Fairs at Liberty Tax Services and Husson College in Bangor.



# Training

## POLICIES & PROCEDURES

As part of officers' training, various policies and procedures are reviewed regularly. In October, SOPs reviewed included:

- foreign language translation services
- gas drive-offs/gasoline theft
- photo line-ups

## Other training topics offered in October:

- human trafficking
- Court of Appeal, First Circuit case law
- U.S. Supreme Court case law

## TASER Certification

Officer Griffin instructed LPD officers in taser re-certification.

## HAZARD Training

Sergeant R. St. Laurent, Officer Griffin, and Officer Philippon attended LFD hazard training.

## CRISIS NEGOTIATIONS

Office Gagne attended crisis negotiators training.



## Public Works

Dave Jones, Director

October is always a busy month and with the colder weather setting in, Public Works has been trying to button up the summer construction projects and preparing for the upcoming winter with all the challenges that will bring. In addition, we normally get some significant rains as we saw in early October when the City of Portland had major flooding. Lewiston had minor street flooding and some sewer capacity issues. The work we've done over the years was evident as we did not have the issues other municipalities experienced. There is more to do and it is being addressed in a prudent manner. At the end of October, the department ran the annual winter dry-run in preparation

for the upcoming winter. (see photos in the report) In addition to everything else, EPA performed an audit of our sanitary sewer program on Oct 27-28. The audit results will be reported after the first of the year, and generally result in enforcement actions and/or potential fines (more to come). Below is a summary of some of the work completed during the month:

### Street/Road & Sidewalk Improvement Projects

#### Crews completed the following:

- ◆ Storm drain repairs were completed in 13 areas including culvert, catch-basin and manhole repairs and cave-ins. One major project included replacing a rotted corrugated metal culvert with three 30" HDPE culverts to address localized flooding on Morris Avenue (see photos, right);
- ◆ Catch basin cleaning continues with the Vac-All truck out every day to meet regulatory requirements;
- ◆ Street sweeping, as needed, in the downtown area and to support street paving and routine housekeeping;
- ◆ General patching of roads in 22 locations and installation of nearly 600 linear feet of bituminous curbs as 14 locations;
- ◆ Raised manholes and catch basins to support street paving on seven streets;
- ◆ Tree removals and pruning was completed at more than 20 locations;
- ◆ Removed a tree knocked down by a storm at Alfred Plourde Parkway & River Road;
- ◆ Athletic fields mowing, grooming, litter pickup and lining for games continued on a daily basis;



Morris Avenue Culvert Replacement



Morris Avenue - Project Complete

- ◆ Responded to 208 Dig Safe stormwater piping location requests;
- ◆ Miscellaneous services provided included set-up and tear-down to support the Dempsey Challenge (hundreds of feet of fencing, 50 sandbags, 10 trash receptacles, 4 jersey barriers, litter pick-up, etc.), removed graffiti at the skate park (again!);
- ◆ Excavated tree holes and delivered 62 trees for the TD Bank Tree day planting on Oct 15<sup>th</sup>. Approximately 70 TD Bank employees volunteered their time to plant the trees (see photo below);

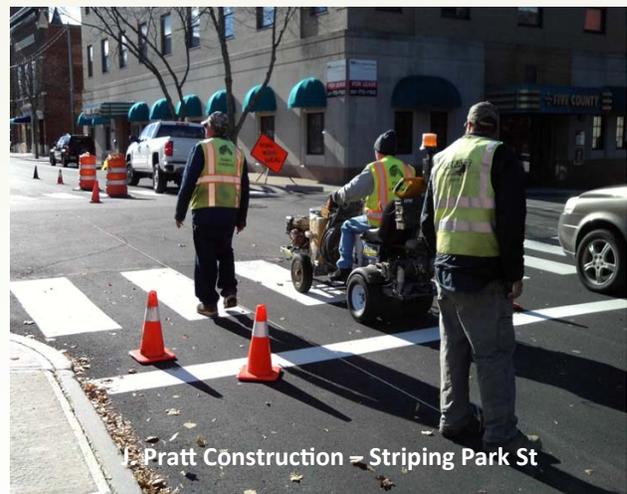


- ◆ Winter Operations Dry-Run!! (see photo below);



### Contracted projects status update:

- ◆ **Street Maintenance, Paving, & Rehab** – Placed more than 2,200 tons of asphalt on Webster St., Pauline Ave., Hilltop Ave., Jean St., Lincoln St., Locust St., and Central Ave. Will be finishing up the remaining paving in November;
- ◆ **Oxford Street Rehabilitation** is nearly complete. There are punch list items remaining and we will be addressing quality issues with the contractor (C.H. Stevenson);
- ◆ **Lisbon Street Rehabilitation** (Chestnut to Main St.) project was approved by MDOT but was delayed to spring 2016, such that the work can be completed in one construction season;
- ◆ **The Riverfront Amphitheater and River Access** is complete with only reseeding needed in the spring;
- ◆ **Park Street Rehabilitation project** - J. Pratt Construction completed the paving and sidewalk rehabilitation. They are working on final clean up and striping. The first phase of the project will be completed in early November (see photo below);



- ◆ **Main Street MDOT project** – Surface paving was installed on the project and half of the shoulders. Base paving was installed over the bridge area along with remaining granite curb. Project should be close to 100% complete by November 4<sup>th</sup>;

- ◆ **The Lisbon Street MDOT project**, which repaved Lisbon Street (Westminster St. to Strawberry Patch Rd.) continued. Work on the ramps to Plourde Parkway and Commercial Street remain along with some striping and signal work;
- ◆ **The Pond Road Rehabilitation** was completed with more than 1,100 tons of asphalt being placed in July;
- ◆ **MTA bridge and Mainline Improvements to the Lewiston Interchange project** continues with CPM Constructors - abutments being placed for the new bridge for the south-bound lanes;
- ◆ **The 2<sup>nd</sup> phase of the Sabattus Street Traffic Signal project** will be re-advertised as the original bids were rejected. Construction is expected to be completed in the spring of 2016;
- ◆ **The field work for the pavement management program continues**, helping to prioritize street paving. The project includes software installation, tie-in with GIS and physical classification of the streets. The result will be a method to manage, plan and prioritize street maintenance annually;
- ◆ **Bartlett Street MDOT Project** - The survey has been completed by Titcomb Associates allowing design work to begin. The project will install new pavement, curb and sidewalks from East Avenue to College Street.



**Water, Sewer and Stormwater**

**Construction projects and studies:**

- **The 2015 Sewer Condition Assessment** contract with Ted Berry Co. is almost done with this year's contract. There is about 4 days of work that remain in the Sunnyside Park neighborhood. This year they inspected around 165,000 LF (including 676 manholes)

bringing the total amount inspected-to-date to 316,000 LF, leaving 260,000 LF left to inspect;

- **The North Temple Storm Drain project** is now complete. Upon approval of the LCIP, we will be continuing the project next fall with the design and construction of a new storm drain from Orchard Circle to Sabattus Street;
- **North Lisbon Road Storm Drain project** – Design work will be done this winter by Gorrill-Palmer Engineering. This project will replace a failed storm drain off of North Lisbon which will alleviate flooding problems in the area;
- **Sabattus Street Water Main Replacement** (Old Greene to North Temple) – St. Laurent and Sons has completed the installation of the Sabattus Street water main replacement between Old Greene Road and North Temple. The contractor is grading the trench and will begin paving the trench the first week in November. Completion is expected by the middle of November;
- We continued work for the **Clean Water Act Master Plan (CWAMP)** efforts and submitted the final 15-year report in July. The report identifies follow-on work for the next 5-year period including some additional separation and inflow reductions;
- **Cure-in-place Sewer Lining** - Insituform Technologies has completed all work in the contract. The entire Hart Brook interceptor sewer from River Road to Westminster St. is now lined, providing a significant reduction in infiltration from the brook into the sewer;
- **Replacement of the River Road Sewer Pump Stations** – Both River Road pre-packaged pump stations are en-route from USEMCO in Wisconsin. The installation contract was awarded to St. Laurent and Son in the amount of \$124,457. Construction is planned to start in December;
- **Hart Brook Sewer Repair** – The City's consultant, CES, has submitted a plan and NRPA application for repair of the erosion problems in Hart Brook near Goddard Road. We are working with the Maine Turnpike Authority to repair the erosion around the sewer main and around their box

culvert. Construction will be put off until next year since we are still waiting to receive the permit approvals and have passed the in-stream construction window;

- **Dumont Ave Water and Sewer Replacement:** A project to replace the water and sewer mains on Dumont Ave. has been awarded to Gendron and Gendron in the amount of \$374,999.99. Construction will begin next spring;
- **Sunnyside Area Sewer Separation –** Survey work is complete for a sewer separation project on Spring St., Summer St., Winter St., Bridge St., and Holland Street. Design work is ongoing for the next several months with construction to begin next spring;

**Work performed by the Water & Sewer crews included:**

- Responded to 217 Dig-Safe requests;
- Responded to 32 E-GOV's and 15 remain in progress;
- Responded to 4 sewer back-ups;
- Finished installing a new 8" D.I. water main on Barron, Germaine, Dove and Marcotte Streets and are in the process of paving prep and lawn repair;
- Crews once again spent most of the month lowering, raising, manholes and water gates for pavement milling and paving;
- Crews are in the process of installing a power supply for the mixers in the Webber Avenue reservoirs;
- Crews continue to do daily water meter readings, and are replacing bad meters;
- The annual hydrant flushing program came to an end during the month;
- Continued to maintain the watershed and utility properties;
- Continued to work with Ted Berry Co. and Inland Waters for sewer video inspections which will lead to sewer lining in the future;
- Continued to work along with St. Laurent and Son on the Sabattus Street water main replacement.

## Solid Waste Division



- ◇ Robert Belanger completed his training and replaced Dave Barry, who transferred to the Highway Division;
- ◇ Single stream recyclable material collected from city residents / transferred from the drop-off area to Casella's MRF in October 2015 totaled 123.5 tons. During this same period there was 916 tons of solid waste collected and disposed of at MMWAC. This gives a recycle rate of only 11.9% for the month.
- ◇ Funding was approved and R. A. Paradis & Son was awarded the contract to retrofit the storm water detention pond at the Solid Waste Facility. This project will address a condition of the DEP issued permit for the construction & operation of the Material Recovery Facility located on site. This storm water pond retrofit will began in October and is now complete.
- ◇ As required in the Solid Waste Facility's DEP-issued operations permit, a contract for cleaning & inspecting the Solid Waste Facility's leachate collection system was awarded to Walker Industrial Services. They will commence work on project the beginning of November.

## Building Maintenance Division

The Building Division continues winterizing all of the city buildings, which includes replacing damaged and missing weather-stripping and caulking exterior doors and windows.

## Recreation Division

# Where the FUN is!

### Recreation Fall Programs

Soccer Instruction and Introduction to Field Hockey have wrapped up their seasons.



**Co-Ed Basketball** registrations are coming in fast and furious! Player evaluations are on Wednesday, November 4<sup>th</sup>.

## October Armory Events:

**Phoenix Martial Arts** held Breaking for Breast Cancer on Saturday, October 10<sup>th</sup>. Sosai Donna Harris succeeded in setting a new Guinness World record for most boards broken in one minute!

# Trunk or Treat

### Trunk or Treat

The event was held Saturday, October 24<sup>th</sup> at the Lewiston Armory parking lot, we had several trunks and a front-end loader from Public Works! **An estimated 400 children participated!**



## November Events:

Elections for Wards 1 & 3 were held at the Armory on Tuesday, November 3<sup>rd</sup> from 8:00am – 8:00pm.

The L/A Veteran's will hold their annual "Pass and Review" Veteran's Day Celebration at the Armory from 8:00am – 12:00pm.

## Ongoing Adult Programs:

Indoor (Adult) Pickleball for ages 40+ will be held on Mondays at the Lewiston Armory, Tuesdays and Thursdays in Auburn at the Hasty Community Center. There is a \$2 drop-in fee for

**Looking Ahead:**



Maine's Authentic Skiing  
and Riding Experience

**Ski and Snowboard at Mt. Abram!**

On Sundays between January 31st – March 6th, youth ages 6 and up accompanied by a parent or guardian, can spend quality time together on the slopes! The youth fee includes a lesson during Week 1, lift tickets, and rentals. Adult fees vary.

*Please call the Recreation office for more info!  
513-3005*



# Wellness Information & Updates



Who knew there was a "National Egg Day?"

On October 8th, the Wellness team drew 30 employee names—the lucky recipients each received a dozen eggs!

And... Did you know that October 29th is "National Oatmeal Day?"

Oatmeal is a hardy grain that provides strength and energy – a perfect way to start your day!

Oatmeal is known to lower cholesterol with its beta-glucan; reduce cardiovascular disease with its avenanthramides antioxidants; enhances your immune system's response to infections including cancer; and stabilizes blood sugar.

30 employee names were drawn to be the lucky recipients of oatmeal!

And, ten employee names were drawn from those that completed the Blood Pressure Quiz (pictured right) to receive the blood pressure monitor pictured here:



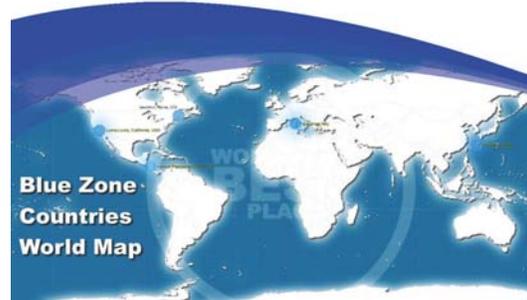
## Lunch & Learn was held and well attended



You Have Entered The BlueZone

Have you ever wondered where the healthiest, longest living people in the world live? These areas are called Blue Zones and this class will discuss how a long, healthy life comes from creating an environment around yourself, your family, and your community that nudges you into following the right behaviors subtly and relentlessly.

City Hall - 3<sup>rd</sup> Floor Conference Room  
 Date: Tuesday, October 20<sup>th</sup>  
 Time: 11:30am  
 Sign up with Joyce Ruby by Friday, October 16<sup>th</sup>



## So you think you know about High Blood-Pressure? Quiz

- Name: \_\_\_\_\_
- High blood pressure means that blood has difficulty reaching the heart.  True  False
  - Blood pressure refers to the force of blood pushing against.  Heart  Artery Walls  Brain  Capillaries
  - High blood pressure is the most common cardiovascular disease.  True  False
  - Which diseases or conditions are related to hypertension?  Brain Aneurysm  Dizziness  Stroke  All of the Above
  - Your blood pressure is 120/80. Which number indicates diastolic pressure?  80  120  120 plus 80  120 minus 80
  - The two measurements of blood pressure determine?  Artery pressure due to heartbeats  Artery pressure between heartbeats  High, low, or normal blood pressure  All of the Above
  - In most people with hypertension, no cause can be found.  True  False
  - Hypertension is commonly called?  The salty killer  The serious killer  The secret killer  The silent killer
  - High blood pressure can usually be cured.  True  False
  - What is a normal blood pressure reading?  Less than 120/80  120-139/ 80-89  140-149/ 90-99  160+/ 100+
  - Hypertension is a common cause for erectile dysfunction.  True  False
  - \_\_\_\_\_ can be hazardous when taking blood pressure medications?  Chocolate  Eggs  Grapefruit juice  Tomatoes
  - You shouldn't exercise if you have high blood pressure.  True  False
  - If you have hypertension, you should limit and/or avoid?  Alcohol  Caffeine and salt  Smoking  All of the Above
  - You get high blood pressure from stress.  True  False
  - What increases your risk of having high blood pressure?  Family history of high blood pressure  Being overweight or obese  Lack of exercise or physical activity  All of the Above
  - You can feel it when your blood pressure starts to go up.  True  False
  - If you have high blood pressure, you must take medication.  True  False
  - The bottom number (diastolic) is the only one that matters in high blood pressure.  True  False
  - Cutting table salt is the best way to cut back on sodium.  True  False

Please print this quiz page, circle the best possible answer for all 20 questions, and submit to Peter Parker by Friday, November 20<sup>th</sup>