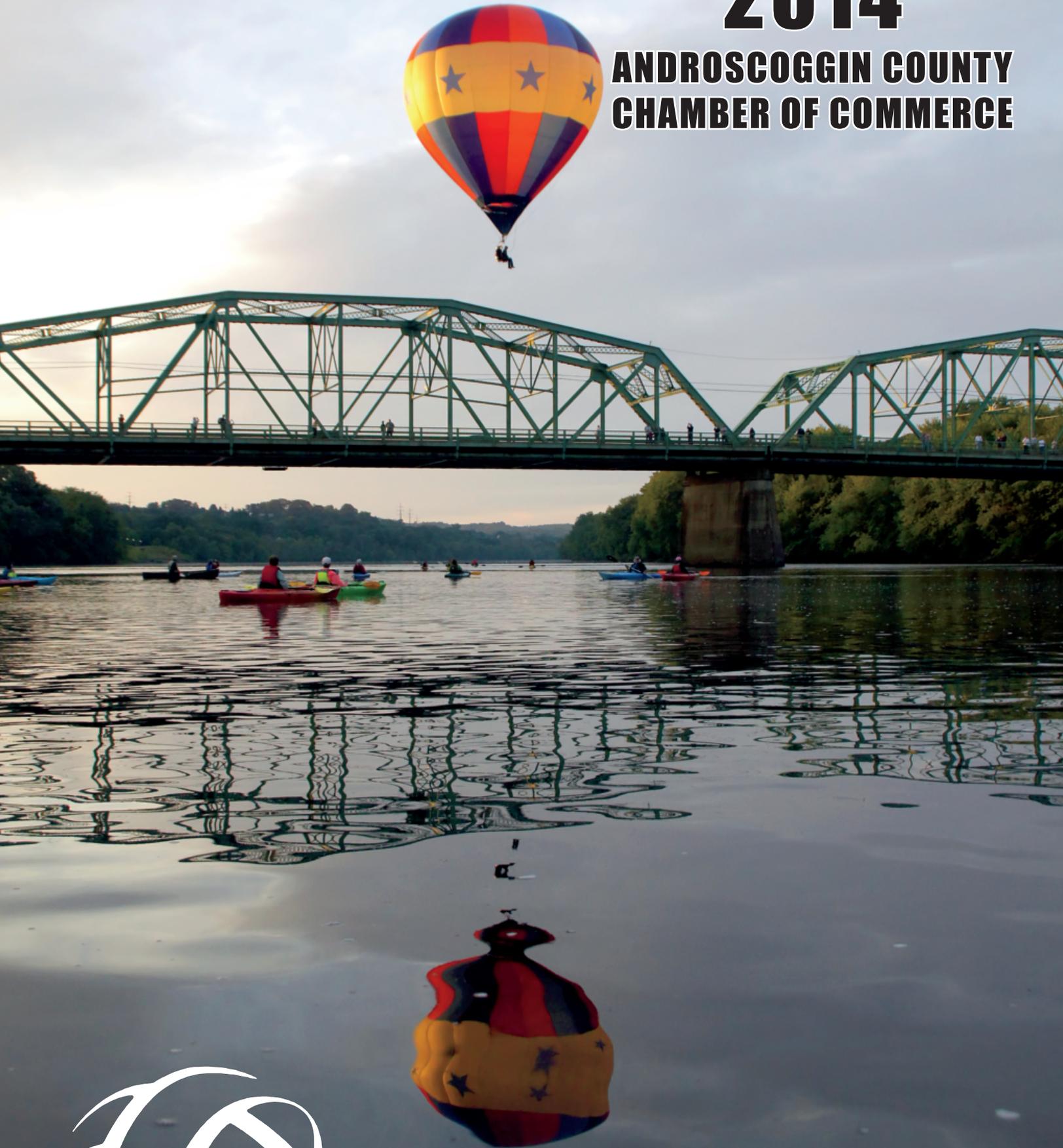


2014

ANDROSCOGGIN COUNTY CHAMBER OF COMMERCE



Visitors/Relocation Guide



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Business Service Center at KeyBank Plaza
415 Lisbon Street
Lewiston, ME 04243-0059

www.androscoggincounty.com
E-mail: info@androscoggincounty.com

Phone: 207 783-2249 Fax: 207 783-4481

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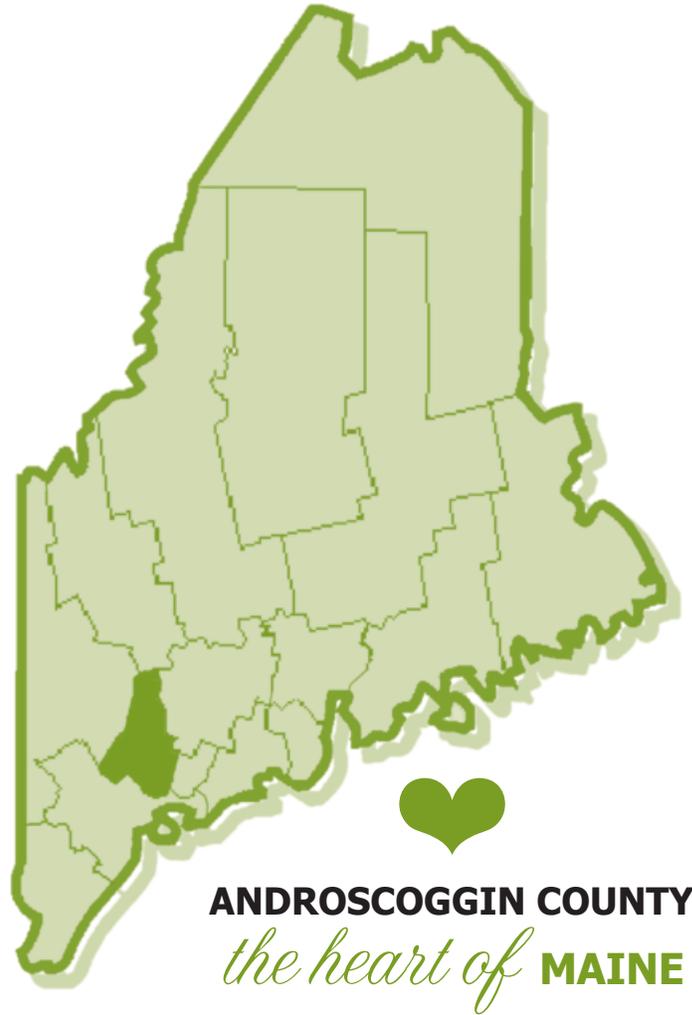
All reasonable care has been taken to ensure the accuracy of the information provided in this publication.

VISIT US IN ANDROSCOGGIN COUNTY



Centrally located, Androscoggin County is less than one hour from the seacoast, the mountains, Portland, and the state capital of Augusta. A community of festivals and events, it is home to the Bates Dance Festival, Liberty Festival, Moxie Festival, Festival FrancoFun, The Patrick Dempsey Challenge, The Greek Festival and the renowned Great Falls Balloon Festival.

Androscoggin County is the hub of most major highways in the state. Interstate access to the area is provided via Exits 75, 80, and 86 off the Maine Turnpike. The area is also served by an extraordinarily well-equipped general aviation airport in Auburn and by two of the state's major rail lines St. Lawrence and Atlantic Transportation, and PanAm lines. Maine Intermodal Transportation operates the intermodal transportation facility in Auburn, making Auburn the largest freight port in Maine with direct service to Canada and connecting service to Chicago, Mexico, and Vancouver. Freight originating in Auburn ultimately ends up in Mexico and the Far East.



Area459 square miles
 Population107,020
 County Seat..... Auburn

TRAVEL DISTANCES

AUGUSTA	30
BANGOR.....	106
BOSTON	142
BRUNSWICK	20
FREEPORT	25
MONTREAL	237
NEW YORK CITY	349
PORTLAND	34
QUEBEC	256

EVENTS / THINGS TO DO

- Auburn Winter Festival.....** January 24–January 26
City of Auburn 207 333-6600
- Ice Festival Lewiston/Auburn.....** February 21-23
Lewiston/Auburn
- L/A Film Festival.....** April 4-6
Lewiston/Auburn
- 5K Run & Remembrance Walk.....** May 18
Androscoggin Home Care and Hospice 207 795-9405
- Business-to-Business Trade Show** June 12
Androscoggin Bank Coliseum, Lewiston 9:30am-5:30pm 207 784-0161
- 17th Annual Walk Against Violence** June 7
Simard-Payne Police Memorial Park, Lewiston 207 795-6744
- Auburn Community Concerts.....** Mid-June–August
Festival Plaza • Every Wednesday 7:00 p.m.
- Wednesdays in the Park.....** Mid-June–Mid-August
Children's Entertainment 207 513-3005
- Liberty Festival.....** July 4
Veterans Park, Lewiston 207 783-2249
- Festival on the Green.....** July 4
Turner Center, Route 117
- Moxie Festival.** July 11-13
Lisbon Falls 207 353-3000
- Native American Festival.....** July 11-13
Lisbon Falls 207 353-3000
- Chief Worumbo Androscoggin River Race...July 13**
Durham to Lisbon Falls 207 782-2302
- Mid-Summer Lakeside Concert Series..** July–August
Olin Arts Center, Bates College • Thursday Evenings • 207 786-6400
- Bates Dance Festival.....** July 11–August 9
Bates College Campus 207 786-6381
- Butterfly Release Celebration.....** August 9
Hospice House in Auburn 207 795-9405
- Andro Family Fun Tri.....** August 10
Androscoggin Land Trust • www.androscogginlandtrust.org 207 782-2302
- Great Falls Balloon Festival.....** August 15-17
Downtown Lewiston-Auburn 207 783-2249
- The Greek Festival.....** September 5-7
Holy Trinity Greek Orthodox Church, Lewiston 207 783-6795
- Great Falls Yoga Festival** September
Lewiston-Auburn
- Safe Voices Domestic Violence Memorial Vigils... October 6**
Lewiston/Auburn 207 795-6744
- The Dempsey Challenge** September 27-28
1-866-990-1499
- Holiday Festival for Children** December 6
Lewiston • Sponsored by Advocates for Children 207 783-3990

- Museum L-A.....** 207 333-3881
Lewiston
- Poland Spring Preservation Park** 207 998-7143
Poland Spring
- Shaker Village.....** 207 926-4597
New Gloucester
- State of Maine Building** 207 998-4142
at Poland Spring
- Sts. Peter & Paul Basilica** 207 777-1200
Lewiston
- Thorncrag Bird Sanctuary** 207 782-5238
Lewiston
- Washburn-Norlands Living History Center
Livermore** 207 897-4366



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janjacques@kw.com
Keller Williams Realty
195 Center Street, Auburn, ME 04210

COMMUNITY PROFILES



According to the most recent ranking compiled by the Children's Rights Council of Washington, D.C., a national child advocacy organization, Maine is considered the best state in which to raise a

child. Maine, in addition to being one of the most crime-free states, has one of the most progressive medical systems in the country.

Androscoggin County

2 Turner Street, Auburn, ME 04210 • 207-784-8390

Population.....	107,020
Register of Deeds.....	207-782-0191
Register of Probate.....	207-782-0281
District Court.....	207-795-4801
Superior Court.....	207-783-5450

Auburn (1842)

60 Court Street, Auburn, ME 04210 • www.auburnmaine.org

Square Miles.....	66.8
Population.....	23,055
Distance from Lewiston.....	A Stone's Throw
Type of Government.....	City Manager/Council
2013-14 Tax Rate.....	\$20.43
Utilities.....	Public Sewer/Water
Electricity.....	Central Maine Power
Gas.....	Unitil
Average Price of Single-Family Home.....	\$166,298
Library.....	207-333-6640
City Hall.....	207-333-6600
City Manager.....	Clint Deschene

Durham (1789)

630 Hallowell Road, Durham, ME 04222
towndurham@gwi.net • www.durhamme.com

Square Miles.....	38
Population.....	3,900
Distance from Lewiston.....	9 Miles
Type of Government.....	Town Manager Selectmen
2013-14 Tax Rate.....	\$13.10
Utilities.....	Private Wells/Septic
Electricity.....	Central Maine Power
Average Price of Single-Family Home.....	\$200,000
Library.....	None
Town Hall.....	207-353-2561 • F-207-353-5367
Town Clerk.....	Janet Smith

Greene (1788)

PO Box 510, Greene, ME 04236 • tmgreene@ctel.net www.townofgreene.net

Square Miles.....	36
Population.....	4,500
Distance from Lewiston.....	7 Miles
Type of Government.....	Town Manager/Selectmen
2013-14 Tax Rate.....	\$13.58
Utilities.....	Private Wells/Septic
Electricity.....	Central Maine Power
Average Price of Single-Family Home.....	\$125,000
Library.....	207-946-5544
Town Office.....	207-946-5146 • F-207-946-2102
Town Manager.....	Charles Noonan

Leeds (1801)

PO Box 206, Leeds, ME 04263 • www.townofleeds.com

Square Miles.....	41
Population.....	2,326
Distance from Lewiston.....	15 Miles
Type of Government.....	Selectmen/Admin. Assistant
2013-14 Tax Rate.....	\$15.80
Utilities.....	Private Wells/Septic
Electricity.....	Central Maine Power
Average Price of Single-Family Home.....	\$82,008
Library.....	No
Town Hall.....	207-524-5171
Town Clerk.....	Joyce Pratt

Lewiston (1795)

27 Pine Street, Lewiston, ME 04240 • www.lewistonmaine.gov

Square Miles.....	35.4
Population (2010 Census).....	36,592
Type of Government.....	City Administrator/Council
2013-14 Tax Rate.....	\$26.44 at 91% market value
Utilities.....	Public Sewer/Water
Electricity.....	Central Maine Power
Gas.....	Unitil
Average Price of Single-Family Home.....	\$121,500
Library.....	207-513-3004
City Hall.....	207-513-3000 • F-207-795-5069
.....	207-513-3007 (TTY/TDD)
City Administrator.....	Edward A. Barrett

Lisbon (1799)

300 Lisbon Street, Lisbon, ME 04250 • www.lisbonme.org

Square Miles.....	24
Population.....	9,003
Distance from Lewiston.....	5 Miles
Type of Government.....	Town Manager/Selectmen
2013-14 Tax Rate.....	\$22.26 at 83% market value
Utilities.....	Public Sewer/Water
Electricity.....	Central Maine Power
Gas.....	Unitil
Average Price of Single-Family Home.....	\$99,000
Library.....	207-353-6564
Town Hall (all Depts.).....	207-353-3000 • F-207-353-3007
Town Manager.....	(ext. 102)

Livermore (1795)

10 Crash Road, Livermore, ME 04253

Square Miles.....	39
Population.....	2,095
Distance from Lewiston.....	20 Miles
Type of Government.....	Selectmen
2013-14 Tax Rate.....	\$13.40
Utilities.....	Private Wells/Septic
Electricity.....	Central Maine Power
Average Price of Single-Family Home.....	\$63,116
Library.....	207-897-7173
Town Hall.....	207-897-3207
Administrative Assistant.....	Kurt Schaub

COMMUNITY PROFILES

Livermore Falls (1843)

2 Main Street, Livermore Falls, ME 04254

www.livermorefallsmaine.org

Square Miles	26
Population	3,255
Distance from Lewiston	30 Miles
Type of Government	Town Manager/Selectmen
2013-14 Tax Rate	\$20.80
Utilities	Public Sewer/Water
Electricity	Central Maine Power
Average Price of Single-Family Home	\$80,000
Library	207-897-3631
Town Hall	207-897-3321 • F-207-897-9397
Town Clerk	Kristal Flagg

Mechanic Falls (1893)

108 Lewiston Street, Mechanic Falls, ME 04256

www.mechanicfalls.govoffice.com

Square Miles.....	11.6
Population.....	3,031
Distance from Lewiston	10 Miles
Type of Government	Town Manager/Council
2013-14 Tax Rate.....	\$20.40
Utilities	Public Sewer/Water
Electricity.....	Central Maine Power
Average Price of Single-Family Home.....	\$96,253
Library	207-345-9450
Town Office	207-345-2871 • F-207-345-9201
Town Manager	John Hawley - jchawley@roadrunner.com

Minot (1802)

329 Woodman Hill Road, Minot, ME 04258 • www.minotme.org

Square Miles.....	30
Population.....	2,607
Distance from Lewiston	8 Miles
Type of Government	Selectmen
2013-14 Tax Rate.....	\$15.00
Utilities	Private Wells/Septic
Electricity.....	Central Maine Power
Average Price of Single-Family Home.....	\$175,000
Library	Member Auburn Public Library
Town Hall.....	207-345-3305 • Fax 207-346-0924
Town Administrator.....	Arlan A. Saunders

Poland (1795)

1231 Maine St. Poland, ME 04274 • www.polandtownoffices.org

Square Miles.....	48
Population.....	6,000
Distance from Lewiston	16 Miles
Type of Government	Town Manager/Selectmen/Charter
2013-14 Tax Rate.....	\$13.65
Utilities	Private Wells/Septic with newly installed Public Water & Sewer Lines in certain areas along Route 26
Electricity.....	Central Maine Power
Average Price of Single-Family Home.....	\$150,000
Library	207-998-4390
Municipal Offices.....	207-998-4601 • F-207-998-2002
Town Manager/Selectmen/Charter.....	

Sabattus (1840)

190 Middle Rd., Sabattus, ME 04280 • www.sabattus.org

Square Miles	25
Population	5,002
Distance from Lewiston	6 Miles
Type of Government	Selectmen & Town Charter
2013-14 Tax Rate	\$14.75
Utilities	Sabattus Sanitary District
Electricity	Central Maine Power
Average Price of Single-Family Home	\$90,000-\$100,000
Library	No
Town Hall.....	207-375-4331
Town Manager	Andrew Gilmore

Turner (1786)

11 Turner Center Rd. Turner, ME 04282 • www.turnermaine.com

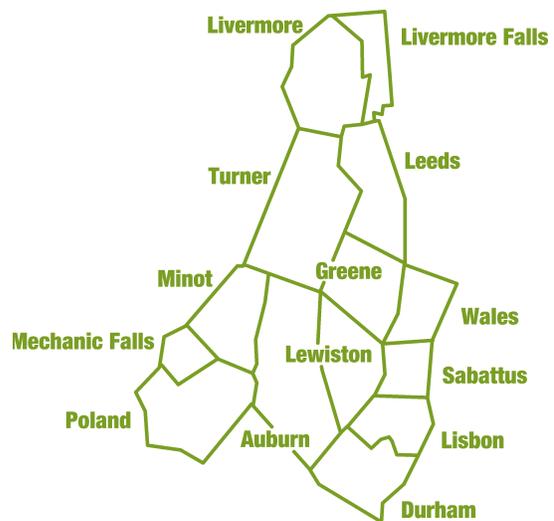
turnerme@megalink.net

Square Miles.....	62
Population.....	5,734
Distance from Lewiston	12 Miles
Type of Government	Town Manager/Selectmen
2013-14 Tax Rate.....	\$14.98
Utilities	Private Wells/Septic
Electricity.....	Central Maine Power
Average Price of Single-Family Home.....	\$150,000
Library	207-225-2030
Turner Museum & Historical Association	207-225-2629
Town Hall.....	207-225-3414
Town Manager	Scott LaFlamme

Wales (1816)

302 Center Rd. Wales, ME 04280

Square Miles.....	16
Population.....	1,616
Distance from Lewiston	11 Miles
Type of Government	Selectmen
2013-14 Tax Rate.....	\$15.00
Utilities	Private Wells/Septic
Electricity.....	Central Maine Power
Average Price of Single-Family Home.....	\$150,000
Library	No
Town Hall.....	207-375-8881
Town Clerk	Patty Auger





Hebron Academy

Where Humanity and Achievement Ring True

After each commencement ceremony at Hebron Academy, the graduating class joins together; they grab hold of a strong rope, hand beside hand, and they pull in unison to ring the victory bell. The bell is a sound recognized by everyone in the Hebron community. Throughout the year, athletic teams ring the bell in victory and, just as happens at graduation; there is a moment of admiration, a celebration of achievement and success.

Ring and responding to the bell is a deeply-felt tradition and source of pride at Hebron—but even *more than the bell, it is the rope* that embodies our character.

Through joining together on the rope, our achievements are shared with the community. And, through joining together as a community, we return our support to the *team*. Figuratively, each of us lends a hand in pulling the rope and ringing the bell.

That is the way we live at Hebron. We are a community first and foremost. At Hebron our community honors and respects differences. It is supportive of each individual and cheers for every success: *academic, athletic, artistic*.

We have no need or place for status, social privilege or entitlement. Here, pretenses are dropped. Privilege is set aside. People become themselves. And respect is freely given in the most egalitarian of ways.

Hebron is real. Our culture is based on core values of trust, honor, and respect. We set examples for each other in our daily lives. We work together in groups to develop and participate in activities that enrich our community. We encourage all to achieve beyond their own expectations.

Our ways are inclusive, yet there is no compromise in individual achievement. Working together with respect for the betterment of community does not weaken the resolve to succeed. It strengthens it. Hebron students know that this community honors and respects each individual as integral to our identity. They are elevated by the encouragement they receive for their successes, and the support that is shown for their struggles.

The Hebron rope is over 200 years “long.” It grows longer today, as it has since the beginning: one community, one contribution, one success, one individual at a time. Join together. Pull the rope. Ring the bell. And in that glorious sound, hear the voices of all who grasp the rope with you today—and of the many that held it before—cheering your endeavors, cheering your success.

A college preparatory boarding and day school for boys and girls in grades 6–12 and postgraduate, providing academic rigor and personal growth in a warm and respectful community. Contact us today to learn more about financial aid, admission requirements, or to schedule a campus tour.

339 Paris Road, Hebron, Maine 04238
207-966-5225 • admissions@hebronacademy.org

ECONOMIC DEVELOPMENT



From civic pride to main street charm, the greater Lewiston and Auburn area has great range for opportunity and success.

Here are three reasons why Lewiston-

Auburn is right for you:

- Recreation.
- Economy.
- Education.

Together, the “Twin Cities” of Lewiston and Auburn have nearly 60,000 residents creating the second largest community in Maine. From civic pride to downtown charm, the greater Lewiston and Auburn area is in the midst of an electrifying revitalization.

Here are three reasons why Lewiston-Auburn is right for you:

- Recreational Opportunities
- Logistics
- Education

Recreational Opportunities:

Joined by the recreationally popular Androscoggin River, both cities feature walkable downtowns that serve as the focal point for community celebrations throughout the year.

The area is home to the Great Falls Balloon Festival, Dempsey Challenge, Lewiston Auburn Film Festival, the Ice Festival, the Moxie Festival, Great Falls Yoga Festival, and many other family friendly events enjoyed by the more than 786,000 Maine residents living within a one-hour drive of the downtowns.

By cultivating strategic growth opportunities, and bolstered by increased demand for the local service and manufacturing sectors, the joint downtowns are in the midst of an exciting revitalization that promotes a more walkable and community friendly environment.

In addition to providing a wide variety of performing arts venues, the increased attention towards showcasing the cultural vitality of the community has led to numerous world-class performers performing live on the various stages around town.

While hockey may prove popular in other communities, Lewiston and Auburn have embraced the sport and culture with a passion as two premier facilities offer multi and mixed use opportunities.

The Androscoggin Bank Colisée in Lewiston serves as the home for the Portland Pirates of the American Hockey League (America's premier developmental hockey league).

In Auburn, the recently completed Norway Savings Bank Arena will host tournaments, skating groups, and feature many youth, high school, and adult league hockey teams in Maine's first state-of-the-art dual surface ice arena.

Delivering a four season urban playground that includes one of North America's greatest small mouth bass fisheries along the Androscoggin River, enthusiasts of all skill levels can enjoy a variety of hiking, bicycling, boating, kayaking, golfing, and day and night skiing adventures in the Twin Cities.

The Economy:

Serving as the center of medical service for central Maine, the community provides a diversified employment base as the area is home to many Fortune 500 companies including Procter & Gamble, General Electric, International Paper, McKesson, a Wal-Mart Distribution Center, and TD Bank.

Centrally located, the area is supplied with a world-class fiber optic network, two railroads, the Maine Turnpike, and the third busiest publicly funded airport in the state.

The double-stack rail-to-truck intermodal facility is a U.S. Customs port of entry and, excluding oil shipments, Maine's largest port-of-call.

For those shipping high value and high quantity products, consider what the Foreign-Trade Zone and Pine Tree Zones can offer you.

Situated on 760 acres, Foreign-Trade Zone #263 benefits qualifying companies that conduct international trade by eliminating, reducing, or deferring the payment of tariffs or duties on products or raw materials.

The Pine Tree Development Zone offers eligible businesses within certain targeted industries the opportunity to greatly reduce or virtually eliminate state taxes for up to ten years, provided the organization follows certain prerequisites.

Some of those taking advantage of the transportation and logistics infrastructure within L/A include Poland Spring Bottling Co., Dunkin Donuts, LePage Bakeries, Kellogg's, VIP Parts & Service, the Wal-Mart Distribution Center, Estes Express, Fed-Ex, and UPS.

Education:

Business growth in Androscoggin County is about much more than just distribution and logistics. When one considers what makes a good community livable, educational opportunities often top the list.

With more than 7,000 students engaged in higher education among the five institutions within city limits, the area provides an educated and well-trained workforce.

The University of Southern Maine's Lewiston-Auburn College provides undergraduate and graduate degrees from one of the most respected and convenient institutions in the state.

Founded in 1855, Bates College ranks among the finest higher education colleges in the country. A 2014 U.S. News and World Report special edition once again named Bates College as the 22nd best National Liberal Arts Colleges in the nation.

Serving nearly 1,300 students split between the three campuses located in Lewiston, Augusta, and South Portland, Kaplan University provides services in a unique way. New students can start school every ten weeks and at different times during the year in order to best fit their schedule. With both day and evening classes, students can continue to work both part-time and full-time positions and still finish their degree in two years or less.

With just under 3,000 enrolled students, Central Maine Community College is one of seven colleges in the Maine Community College System. Providing two year Associate degree and certificate programs, the college offers a diverse array of program specialties with some of the lowest and most affordable tuition rates in the state.

Representing over 100 years of tradition, the recent merger between Central Maine Medical Center School of Nursing and the Clark F. Miller School of Radiologic Technology has now become the premier institution that is Central Maine Medical Center College of Nursing and Health Provisions. Dedicated to educating the health care professionals of tomorrow, the institution provides two Associate degree programs as well as advanced certificates in Nuclear Medicine Technology and Computed Tomography.

ECONOMIC DEVELOPMENT

ECONOMIC DEVELOPMENT ORGANIZATIONS

Auburn Business Development Corporation

415 Lisbon Street
Lewiston, ME 04240 207 784-0161
laegc@economicgrowth.org
www.economicgrowth.org

AVCOG

125 Manley Road
Auburn, ME 04210 207 783-9186
Bob Thompson
avcog@avcog.org
www.avcog.org

Bates Mill Complex

35 Canal Street Box A3
Lewiston, ME 04243 207 782-5355
Alan Turgeon
www.lewiston.me.us

Casalino Development Group

248 King Street
Oxford, ME 04270 207 539-8787
Patrick Casalino

Coastal Enterprises Inc

PO Box 268
Wiscasset, ME 04578 207 882-7552
John Egan
www.ceimaine.org

Community Dynamics Corp

201 Main Street
Auburn, ME 04210 207 777-1375
John Cleveland
www.cdcorp.org

Leaders, LLC

Kenneth M. Nelson Principal
2 Portland Fish Pier #301
Portland, ME 04101 207 831-6050
Kenny Nelson
knelson@leaders-llc.com

Lewiston Development Corporation

415 Lisbon Street
Lewiston, ME 04240 207 784-0161
Lucien Gosselin
laegc@economicgrowth.org
www.economicgrowth.org

LAEGC

415 Lisbon Street
Lewiston, ME 04240 207 784-0161
Lucien Gosselin
laegc@economicgrowth.org
www.economicgrowth.org

Maine & Company

120 Exchange Street
Portland, ME 04101 207 871-0234
Peter DelGreco
www.maineeco.org

Maine Department of Economic and Community Development

State House Station 59
Augusta, ME 04333 207 624-9807
Brian Doyle
www.econdevmaine.com

Maine Development Foundation

295 Water Street, Suite 5
Augusta, ME 04330 207 622-6345
Cheryl Miller
mdf@mdf.org
www.mdf.org

Maine State Chamber of Commerce

125 Community Drive Suite 101
Augusta, ME 04330-8010 207 623-4568
Dana Connors
info@mainechamber.org
www.mainechamber.org

Poland Community and Economic Development Committee

1231 Maine Street
Poland, ME 04274 207 998-4601
Charles Finger
www.polandtownoffice.org

South Park Development Corporation

27 Pine Street
City of Lewiston 207 513-3014
Lewiston, ME 04243-7777
Lincoln Jeffers

Think LOCAL! Maine

24 Lewiston Street Suite 2
Mechanic Falls, ME 04256 207 450-8270
Justin Starbird
JeffBall@thinklocalcommunitynetworking.org
www.thinklocalcommunitynetworking.org

Town of Lisbon

300 Lisbon Street
Lisbon, ME 04250 207 353-3000
Steve Eldridge
webmaster@lisbonme.org
www.lisbonme.org

University of Southern Maine Corporate Partners

PO Box 9300
Portland, ME 04104-9300 207 780-4714
Betsy Uhuad
buhuad@usm.maine.edu
www.usm.maine.edu/corporatepartners

Western Mountains Alliance

165 Front Street, Suite 1
Farmington, ME 04938 207 778-3885
Tanya Swain
wma@maine.edu
www.westernmountainsalliance.org

EMPLOYEE LEASING

@WORK Personnel Services Inc.

1355 Auburn Road Box 2
Turner, ME 04282 207 225-5627
Rebecca Sanon
rmorris@atworkpersonnel.com
www.atworkpersonnel.com

Combined Management Inc

520 Main Street
Lewiston, ME 04240 207 782-8246
Robert Murch
RobertMurch@combinedmanagement.com
www.combinedmanagement.com

EMPLOYMENT ADVERTISING

JobsInMe.com

90 Bridge Street Ste 310
Westbrook, ME 04092 207 591-6259
Tom Hinman
www.jobsinme.com

My Job Wave

104 Park St
Lewiston, ME 04240 207 786-4200
Jeanne Paquette
info@employmenttimesonline.com
www.employmenttimesonline.com

EMPLOYMENT/TRAINING SERVICES

Accountemps/Robert Half International

100 Middle St 2nd floor
Portland, ME 04101 207 772-1900
Genevieve Straight
elliot.vrana@accountemps.com
www.accountemps.com

Adecco Employment Services

17 Westminster Street
Lewiston, ME 04240 207 782-2882
Joyce Banville
www.adecco.com

Bonney Staffing Center

95 Park Street Suite 301
Lewiston, ME 04240 207 783-7000
Kelly Jaeger
lewiston@bonneystaffing.com
www.bonneystaffing.com

DHHS/ ASPIRE

200 Main Street
Lewiston, ME 04240 207 795-4481
Paula Bolduc
www.maine.gov

Goodwill Employment Services

1035 Lisbon St
Lewiston, ME 04240 207 777-7472
Marcel Gagne
www.ginne.org

J Gaudet Associates

386 Bridgton Road, Suite B
Westbrook, ME 04092 207 878-5588
John Gaudet
jgaudet@jgaudetassociates.com
www.jgaudetassociates.com

JobsInMe.com

90 Bridge Street Ste 310
Westbrook, ME 04092 207 591-6259
Jeff Bosworth
www.jobsinme.com

Kelly Services Inc

232 Center Street Ste C
Auburn, ME 04210 207 784-0400
Tanya Pease
3026@kellyservices.com
www.kellyservices.com

Labor Ready

220 Lisbon Street
Lewiston, ME 04240 207 782-4500
Jason-Michael Thompson
2802-br@laborready.com
www.laborready.com

Maine Staffing Group

675 Main Street Suite 11
Market Place Mall 207 786-5680
Lewiston, ME 04240
Rick Holden
info@mainestaff.com
www.mainestaff.com

Manpower

95 Main Street
Auburn, ME 04210 207 784-9353
Eileen Belleau
auburn.me@na.manpower.com
www.us.manpower.com/maine

MDOL-Lewiston CareerCenter

5 Mollison Way
Lewiston, ME 04240 207 753-9001
Mary LaFontaine
www.mainecareercenter.com/index.shtml

Pathways Inc

589 Minot Avenue
Auburn, ME 04210 207 795-4085
Robert Kennelly
info@pathwaysmaine.com
www.pathwaysmaine.com

Personal Onsite Development

30 Sacred Heart Place
Auburn, ME 04210 207 753-3221
Elaine Courteau
pod@podmaine.org
www.personalonsitedevelopment.com

Strategic Talent Management

Brunswick Business Center
18 Pleasant St, Ste 205 207 373-9301
Brunswick, ME 04011-2201
Art Boulay
ABoulay@StrategicTalentManagement.com
www.StrategicTalentManagement.com

Work Opportunities Unlimited

63 A Broad Street
Auburn, ME 04210 207 782-4242
Michael Murtha
auburn@workopportunities.net
www.workopportunities.net

Covered Employment and Wage by Industry — 2012 Androscoggin County

Industry	Average Employment	Average Wages
Total - All Ownerships	47,488	36,859
Natural Resources and Mining	437	28,614
Construction	2,187	42,237
Manufacturing	4,869	48,016
Wholesale Trade	1,431	46,260
Retail Trade	6,426	24,253
Transportation and Warehousing	2,136	37,831
Utilities	81	73,939
Information	690	40,811
Financial Activities	3,020	42,538
Professional and Business Services	5,699	35,642
Education and Health Services	10,766	43,823
Leisure and Hospitality	3,458	14,582
Other Services	1,103	25,357
Total - Federal Gov't	276	53,100
Total - State Gov't	622	34,304
Total - Local Gov't	4,288	36,601

Source: Maine Department of Labor, Division of Labor Market Information Services

MOVING TO THE AREA



Economic development is one of the area's highest priorities. Local government and development agencies pride themselves on facilitating the approval process for industrial or commercial construction. Complementing

the staffs of various local municipalities, agencies such as the Lewiston-Auburn Economic Growth Council, the Lewiston Development Corporation, the Auburn Business Development Corporation, the Androscoggin Valley Council of Governments, and Coastal Enterprises Inc., work with clients efficiently and cooperatively.

Androscoggin County also has a wide array of residential opportunities, from in-town historic homes to beautiful waterfront properties to rural acreage with incredible views.

APPRAISERS

Amerifirst Appraisal Company

571 Sabattus St Suite 16
Lewiston, ME 04240 207 782-7531
Norm Savard
info@amerifirstappraisal.com
www.amerifirstappraisal.com

The Appraisal Group, Inc

466 Main Street Suite 100
Lewiston, ME 04240 207 333-3311
Timothy Gatto
appraisals@appraisalgroupauburn.com
www.appraisalgroupauburn.com

Goulet & Associates

183 Main Street
Lewiston, ME 04240 207 784-1636
Marc Goulet

Jordan Bay Appraisal Company

25 Main Street
Raymond, ME 04071 207 655-7887
Bonnie Pierpont
bpierpo1@maine.rr.com
www.jordanbayappraisal.com

McMorrow Auction Company

48 Mechanic Falls Road
Poland, ME 04274 207 777-7030
Jody McMorrow
mcauction@roadrunner.com
www.mcmorrowauction.com

Savard Appraisal Services

1241 Sabattus St
Lewiston, ME 04240-2116 207 784-5800
Gary Savard
info@savardappraisal.com

HOUSING

Auburn Housing Authority

20 Great Falls Plaza
Auburn, ME 04210 207 784-7351
Richard Whiting
info@auburnhousing.org
www.auburnhousing.org

Keller Williams Realty-Bruce Bickford

195 Center Street
Auburn, ME 04210 207 553-2447
Bruce Bickford
bbickford@kw.com
brucebickfordhomes.kwrealty.com

Lewiston Housing Authority

1 College Street
Lewiston, ME 04240 207 783-1423
Jim Dowling

Tedford Housing, Inc

14 Middle Street
Brunswick, ME 04011 207 729-1161
Craig Phillips
craig@tedfordhousing.org
www.tedfordhousing.org

INSPECTIONS

Affluent Home Inspection LLC

12 Robinson Gardens
Lewiston, ME 04240 207 240-5499
Larry Samson
cues@roadrunner.com

The Home Team Inspection Service

30 Mitchell Street
Lewiston, ME 04240 207 784-8227
Marc Sirois

RPR Professional Home Inspections Inc

72 Old Lisbon Road
Lewiston, ME 04240 207 782-9663
Roger Roy
Roger@RPRprohomeinspections.com
www.rprprohomeinspections.com

Simard & Sons Inc

3 Trident Drive
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Elwin Scott Jr.
scottie@simardandsons.com
www.simardandsons.com

MODULAR/SITE BUILT HOMES

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1049 Washington Street
Auburn, ME 04210 207 777-5956
Sherie Jenson
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www.cm-h.com

Maine Source Homes Inc.

314 Center Street
Auburn, ME 04210 207 333-6001
Bill Turner
sales@mainesource.com
www.mainesource.com

Maine Source Realty Inc.

314 Center St
Auburn, ME 04210 207 333-6001
Jon Mercier
jon@mainesource.com
www.mainesourcerealty.com

The Modular Advantage

105 Farley Road
Brunswick, ME 04011 207 725-2922
Dennis Douglass
modular@modularadvantage.com
www.modularadvantage.com

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Roger Soucy Jr
info@purocleanofmaine.com
www.purocleanofmaine.com

RPR Professional Home Inspections Inc

72 Old Lisbon Road
Lewiston, ME 04240 207 782-9663
Roger Roy
Roger@RPRprohomeinspections.com
www.rprprohomeinspections.com

MORTGAGES

East Coast Mortgage Group

316 Center St
Auburn, ME 04210 207 376-3007
Chris Bain
chris@ecmg1.com
www.eastcoastmortgagegroupllc.com

The Maine Real Estate Network

34 Center Street
Auburn, ME 04210 207 689-9800
Loni Graiver
lonig@maine.rr.com
www.themainerealestatenetwork.com

Mortgage Network

336 Center Street
Auburn, ME 04210 207 376-4483
Julie Poulin
jpoulin@mortgagenetwork.com
www.mortgagenetwork.com

Reliant Mortgage Company, LLC.

2320 Congress Street
Portland, ME 04102 207 775-4200
Janice Westcott
accounting@firstinmaine.com
www.firstinmaine.com

Residential Mortgage Services Inc--Auburn

181 Center Street
Auburn, ME 04210 207 777-1551
Debbie Bodwell
www.rmsmortgage.com

US Mortgage

219 Mount Auburn Ave
Auburn, ME 04210 207 514-0752
Robert Klar
Robert.Klar@USMortgage.com
KlarMortgage.com

PROPERTY MANAGEMENT

Androscoggin Management Inc

1180 Lisbon Street Box 11
Lewiston, ME 04240-5059 207 782-1810
Phyllis St. Laurent

Callahan Property Management LLC

646 Main St
Lewiston, ME 04240 207 212-3305
Nancy Callahan

Great Falls Property Management

134 Main Street, Suite 3
Lewiston, ME 04240 207 753-4333
Kristina Bennett
info@gfpropertymanagement.com
www.gfpropertymanagement.com

H & S Reny Property Management Inc

553 Main Street
Lewiston, ME 04240 207 783-2199
Christopher Sirois
csiros@hsreny.com
www.hsreny.com

LDT Apartments

PO Box 242
Auburn, ME 04210 207 786-2315
Lisa Toussaint
lisa@lisarentals.com
www.lisarentals.com

Mid Town Mall Associates

179 Lisbon Street
Lewiston, ME 04240 207 786-3554
John Orestis

On the Spot Rental Management

PO Box 282
Auburn, ME 04212-0282 207 713-0674
John Snyder
JSnyder@regroupbiz.com
www.onthespotrentals.com

PropSys

55 Lisbon Street, Suite 2400
Lewiston, ME 04240 207 784-0335
Lee Griswold
propsys@midmaine.com
www.propsysmgmt.com

Sapphire Management

PO Box 1150
Auburn, ME 04211-1150 207 777-4700
Kevin Dean
www.providerfinancial.com

Sasseville Management LLC

393 Center Street
Auburn, ME 04210 207 783-2312
Paul Sasseville
www.kittyhawk-highlands.com

MOVING TO THE AREA

REAL ESTATE

Adrian Wadsworth Realtor
PO Box 580
North Turner, ME 04266 207 224-8296
Adrian Wadsworth
www.adrianwadsworth.mreis.mlxchange.com

Affordable Housing of New England
3 Stone Ledge Drive
Lewiston, ME 04240 207 783 5098
Sandra Lamontagne
sandra@ahne.biz
www.ahne.biz

Barbara Trafton-The Maine Real Estate Network
34 Center Street
Auburn, ME 04210 207 754-0253
Barbara Trafton
barbaratrafton@gmail.com
www.barbaratrafton.com

Bear Pond Village
200 Auburn Rd
Turner, ME 04282 207 225-2666
Karen Youland

Better Homes & Gardens The Masiello Group
155 Center Street Bldg A
Auburn, ME 04210 207 782-8311
Marc Pilot
auburn@masiello.com
www.millettrealty.com

CBRE/The Boulos Company
1 Canal Plaza Suite 500
Portland, ME 04101 207 772-1333
Chris Paszyc
info@boulos.com
www.boulos.com

Century 21 Advantage
506 Main Street
Lewiston, ME 04240 207 782-2121
Angie White
c21advant@aol.com
www.century21-advantage.com

Dionne & Couturier
465 Main St
Lewiston, ME 04240 207 592-6976
Paul Dionne

The Dot Fernald Team at Prudential

Northeast Properties
473 Center Street
Auburn, ME 04210 207 784-0159
Dot Fernald
dotf@eraworden.com
www.dotfernaldd.com

Dubois Realty Group - Keller Williams Realty
195 Center St.
Auburn, ME 04210 207-312-2125
Marnie Dubois
Marnie@DuboisRealtyGoup.net
www.DuboisRealtyGroup.net

Fontaine Family-The Real Estate Leader
336 Center St Auburn, ME 04210
Brenda Fontaine 207 784-3800
brenda@fontaineteam.com
www.brendafontaine.com

Goulet & Associates
183 Main Street
Lewiston, ME 04240 207 784-1636
Marc Goulet

Jerry Douglass Realty
PO Box 445
Lisbon, ME 04250 207 782-2209
Jerry Douglass
www.jerrydouglassrealty.com

Jordan Bay Appraisal Company
25 Main Street
Raymond, ME 04071 207 655-7887
Bonnie Pierpont
bpierpo1@maine.rr.com
www.jordanbayappraisal.com

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195 Center Street
Auburn, ME 04210 207 553-2447
Bruce Bickford
bbickford@kw.com
brucebickfordhomes.kwrealty.com

Keller Williams Realty--George Greenwood
195 Center Street
Auburn, ME 04210 207 344-3300
George Greenwood
stassinari@kw.com
www.kwmaine.com

Keller Williams Realty--Jan Jacques & Company
195 Center Street
Auburn, ME 04210 207 344-3250
Jan Jacques
janjacques@kw.com
www.janjacques.net

Legacy Realty
681 Sabattus Street
Lewiston, ME 04240 207 376-4830
Normand Brodeur
norm@Legacy-Realty.net
www.Legacy-Realty.net

The Maine Real Estate Network
34 Center Street
Auburn, ME 04210 207 689-9800
Loni Graiver
lonig@maine.rr.com
www.themainerealestatenetwork.com

The Maine Real Estate Network-Debra Harris
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http://debraharris.mreis.mlxchange.com/

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Steve Morgan
klrw618@kw.com

Maine Source Realty Inc.
314 Center St
Auburn, ME 04210 207 333-6001
Jon Mercier
jon@mainesource.com
www.mainesourcerealty.com

Pasquale Maiorino Esq
Two Great Falls Plaza c/o Platz Associates
Auburn, ME 04210 207 784-2941
Pasquale Maiorino
pmaio@aol.com

Prudential Northeast Properties
473 Center Street
Auburn, ME 04210 207 784-0159
Judy Worden
mailroom@eraworden.com
www.eraworden.com

R K Adamian Development Corporation
29 Mill Street
Arlington, MA 02176 781 648-5350
Ronald Adamian
hpa1415@aol.com

Tanya Busch Team
The Maine Real Estate Network
34 Center St 207 689-9880
Auburn, ME 04210
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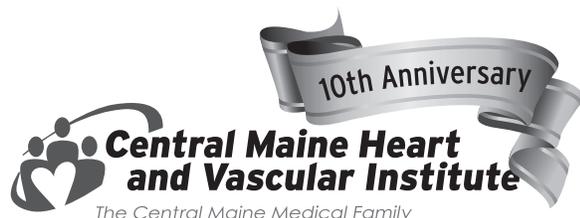
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EDUCATIONAL OPPORTUNITIES



Educational opportunities in the Cities of the Androscoggin are plentiful and extend from Head Start and private preschool facilities to the post-secondary school level. Private schools and academies augment the public school systems. There are eight local institutions of higher learning, including Bates College, one of the finest private four-year liberal arts colleges in the country, The University of Southern Maine at LAC, Kaplan University, and Central Maine Community College. In addition, area medical centers support nursing and technological degrees and a masters in business is offered by Southern New Hampshire University.

Auburn School Department

**60 Court Street • 4th floor, PO Box 800, Auburn, ME 04212-0800
207-784-6431 • www.auburnschl.edu**

The Auburn School Department offers educational programs from pre-K to grade 12 that ensure the academic success of every student. Our school system consists of six elementary schools, a middle school and a high school. It is our responsibility that all students who graduate from Edward Little High School are college and/or career ready.

We are creating a system of Mass Customized Learning (MCL) and are committed to our Vision 2020! Staff at all levels use strategies that allow students to have a voice and choice, to make learning transparent for students, and to increase student accountability for their own learning expectations. Updated information about MCL is available on our website.

Bates College

**23 Campus Avenue, Lewiston, ME 04240
207-786-6100 • www.bates.edu**

A member of the Androscoggin County Chamber of Commerce since 1961, Bates College was founded in 1855 by abolitionists and is still recognized for its inclusive social character. Bates is considered one of the nation's finest colleges of the liberal arts and sciences, with graduates who historically have linked education with service, leadership, and civic engagement. The Bates curriculum challenges students to develop powers of critical assessment, analysis, expression, aesthetic sensibility, and independent thought. Bates is also one of a small number of colleges requiring a senior thesis, an opportunity for extended, closely guided research and writing, performance, or studio work.

Central Maine Community College

**1250 Turner Street, Auburn, ME 04210 • www.cmcc.edu
207-755-5100 • F-207-755-5491**

Central Maine Community College (CMCC) is a comprehensive, public two-year college that provides quality, accessible education and lifelong learning opportunities. With more than 24 majors, the College delivers career and technical degree programs; education for transfer to baccalaureate programs; and services to support economic development.

While the College enrolls over 3,000 full and part-time students, very few classes exceed 25. On-campus residence halls can accommodate 250 students, and other facilities include modern science and computer labs, dining commons, learning and advising center, 240-seat auditorium, gymnasium, and fitness center.

CMCC's Corporate and Community Services Department offers continuing education courses and works with the local business community to develop customized training and certification

programs. CMCC is accredited by the Northeast Association of Schools and Colleges.

Central Maine Medical Center College of Nursing and Health Professions

**70 Middle Street, Lewiston, ME 04240 • www.cmmc.org
207-795-5974**

The CMMC College of Nursing and Health Professions offers two-year, Associate Degree Programs in Registered Nursing, Radiologic Technology, and Nuclear Medicine Technology. These challenging and rewarding programs feature low student to faculty ratios and strong emphasis on clinical skills in the simulation laboratory and at healthcare facilities throughout Maine. The College is accredited by the New England Association of Schools and Colleges and each program is individually accredited nationally. Additional courses of interest such as Computed Tomography, Evening/Weekend RN, Medical Terminology, Reiki and a C.N.A. course are also offered. General education courses are available to the general public each semester.

Community School District #915, Union #44

**971 Gardiner Road, Wales, ME 04280
207-375-4273 • F-207-375-2522 • www.schoolunion44.org**

Elementary schools in Litchfield, Sabattus, and Wales, together with Oak Hill High School (CSD #915), form School Union #44. The current enrollment of the K-2 Libby-Tozier School in Litchfield is 140, and the 3-8 Carrie Ricker School is 206. The K-2 Sabattus Primary School has a current enrollment of 145, and Sabattus Central School has a current enrollment of 339. The K-8 Wales Central School has 166. Oak Hill High School currently has 519 students. Per-pupil expenditures are as follows: Litchfield, \$10,023.56; Sabattus, \$8,748.38; Wales, \$9,043.76 and Oak Hill High School, \$8,923.24. The Sabattus Central School for Grades 3-8 opened in September 2004 with a renovated K-2 Primary School. Sabattus now has up-to-date facilities for all students.

Hebron Academy

**PO Box 309 • 339 Paris Road, Hebron, ME 04238
207-966-5255 • www.hebronacademy.org**

Located 20 minutes from Lewiston/Auburn, Hebron provides a friendly, supportive, family atmosphere where students are inspired to reach their highest potential in mind, body and spirit through a balance of college preparatory opportunities in academics, arts, and athletics. Known for developing critical thinking and communication skills for life, Hebron serves boys and girls in grades 6-12 and a postgraduate year, with outstanding teachers, AP/Honors courses, structure and accountability to high standards, boarding and day enrollment, and excellent college placement. Need-based financial assistance is available.

Kaplan University

**Southern Gateway, Lisbon St., Lewiston • Western Ave., S Portland
207-333-3300 • www.lewiston.kaplanuniversity.edu**

Recognized for their exceptional student services, Kaplan University's Maine campuses provide students with the opportunity to choose from a variety of different Bachelor's and Associate's degree programs. Students can start school every ten weeks at different times during the year in online, blended or on-campus classes.

Kaplan University offers a learning experience that's both customized and flexible, so students can study on their schedule, on their terms, providing ample time for education and outside activities and responsibilities.

Kaplan University, which is part of the Washington Post Company, is regionally accredited by the Higher Learning Commission and has more than 200 degrees and programs with more than 71,000 online and campus based students across the country.

EDUCATIONAL OPPORTUNITIES

Lewiston Public Schools

36 Oak St, Lewiston, ME 04240 • Bill Webster • 207-795-4100
superintendent@lewistonpublicschools.org

Lewiston Public Schools, with the mission to ensure each student's academic and civic success, serves over 8,000 youth and adult learners in nine community schools. Administrators and teachers are committed to the belief that all students can succeed. Strong partnerships with family, businesses, and service agencies provide immense support and strengthen our schools. Local businesses and hospitals are the backbone of business-education partnerships that support programs to develop leaders now and in the future. The Lewiston Regional Technical Center is nationally recognized for its school-to-work efforts and serves 1,032 students from six area high schools with 27 vocational programs.

Lisbon School Department

19 Gartley Street, Lisbon, ME 04250 • www.lisbonschoolsme.org
207-353-6711 • F-207-353-3032

Lisbon, nestled in the picturesque corridor along the Androscoggin River is a proud community of a diversified population base. The town, settled in 1628, was second to Lewiston with manufacturing opportunities. Today, town people from all walks of life, pride themselves on their community and its students' accomplishments. Lisbon public schools are located in the third largest community in Androscoggin County. The LISBON SCHOOL DEPARTMENT is comprised of Lisbon Community School, Philip W. Sugg Middle School and Lisbon High School. Lisbon Community School has an enrollment of 647 students with a staff of 107. Teacher ratio averages 20:1. The state-of-the-art facility features an extensive library, computer lab, and foreign language instruction, a regulation size gymnasium complete with a rock climbing wall, a Discovery Room for Science, a Multi-Media Room and a multi-functional Cafetorium. Philip W. Sugg Middle School's enrollment is 286 students and Lisbon High School is 389.

Regional School #16

3 Aggregate Road, Poland, Maine 04274
207-998-2727 • 207-998-2753 • www.rsu16.org

The towns of Mechanic Falls, Minot, and Poland are served administratively by RSU #16 with tuition students from Raymond. RSU #16 has the following schools: Minot Consolidated School, grades PreK-6, enrollment 206; Elm Street School in Mechanic Falls, grades PreK-6, enrollment 303; Poland Community School, grades PreK-6, enrollment 446; Bruce M. Whittier Middle School in Poland, grades 7 & 8, enrollment 252; Poland Regional High School, grades 9-12 and the DPath (Alternative School) Program grades 9-12, enrollment 492. The District's average 2009-2010 per-pupil operating expenditures were \$7,801 Elementary; \$10,580 Secondary. Affiliation with Lewiston Regional Technical Center. RSU #16 offers a comprehensive adult education program with classes at the Elm Street School in Mechanic Falls (345-3217) adulated@midmaine.com.

Regional School Unit #36

9 Cedar Street, Livermore Falls, ME 04254
207-897-6722 • F-207-897-2362
msad36so@sad36.org • www.sad36.org

Regional School Unit #36 is comprised of the towns of Livermore and Livermore Falls along with tuition students from Fayette grades 6-12. The Livermore Elementary School enrollment is approximately 435 students grades Pre K-5 with an all day Kindergarten program, and enrollment at the middle school is approximately 225, including tuition students from Fayette. Livermore Falls High School serves close to 350 students and is a class C school in the Mountain Valley Conference. The school offers traditional courses, as well as a variety of electives, honors and advanced placement courses.

Beyond the classroom LFHS offers a variety of athletic and non-athletic cocurricular programs and a comprehensive adult education program.

School Administrative District #52

486 Turner Center Road, Turner, ME 04282
207-225-1000 • www.rsu52.us

Turner, Greene, and Leeds comprise School Administrative District #52. The District has one primary school: Turner Primary School, grades PreK-3, enrolling 336 students; and three elementary schools: Turner Elementary School, grades 4-6, with an enrollment of 201 students; Leeds Central School, grades PreK-6, with an enrollment of 193 students; and Greene Central School grades PreK-6, with an enrollment of 377 students. All seventh and eighth grade students attend Tripp Middle School, with an enrollment of 298 students. All high school students grades 9-12 attend Leavitt Area High School, with an enrollment of 625 students. The District also supports an active Adult Education Program in collaboration with RSU #9 Farmington, Maine and RSU #73 Jay and Livermore, Maine. The District's 2013-2014 budget is \$23,515,541.

St. Dominic Academy

Admissions: 207-782-6911 ext 2110 F-207-795-6439
www.stdomsmaine.org

Grades Pre-K – 6: 17 Baird Ave , Lewiston , ME 04240

Grades 7 – 12: 121 Gracelawn Road , Auburn , ME 04210

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EDUCATIONAL OPPORTUNITIES

Southern New Hampshire University

10 Tibbetts Drive, Cook's Corner, Brunswick, ME 04011
207-725-6486 • 800-427-9238 www.snhu.edu/336asp

Since 1967, Southern New Hampshire University (SNHU) has offered quality, accessible, cost-effective degree and certificate programs in business, management, mental health and liberal arts, including an MBA with eighteen concentrations. SNHU's Maine Center for Continuing Education offers 36 associate, bachelor and master's degrees available through evening and weekend courses in classroom settings in Brunswick (& Auburn). SNHU's 8-week undergraduate and 11-week graduate term structure allows rapid progress towards educational goals.

A Chamber member since 2005, Southern New Hampshire University is a private postsecondary institution, based in Manchester, NH. SNHU is fully and appropriately accredited, and offers more than 100 degree and certificate programs. Nationally recognized for innovation, SNHU is also the largest nonprofit provider of on-line academic programs in New England.

Coupons/Discounts: Individuals taking courses at SNHU's Maine Center receive a significant tuition discount (24% & 36% respectively for undergrad and graduate courses during FY 2013).

University of Southern Maine/ Lewiston-Auburn College

51 Westminster Street, Lewiston, ME 04240
207-753-6500 • www.usm.maine.edu/lac

The University of Southern Maine's Lewiston-Auburn College (USM LAC) offers bachelor and graduate degree programs that include an array of courses, internships, research and community service projects, and study abroad opportunities.

As one of three campuses of the University of Southern Maine, USM LAC provides the intimacy of a small college yet offers access to the resources of the state's regional metropolitan university.

The Lewiston-Auburn campus has also been responsive to the need for graduate education programs in central Maine, and the LearningWorks facility on campus houses College for ME-Androscoggin, a collaborative of nearly 40 partners working to double the number of college-educated citizens in Androscoggin County.

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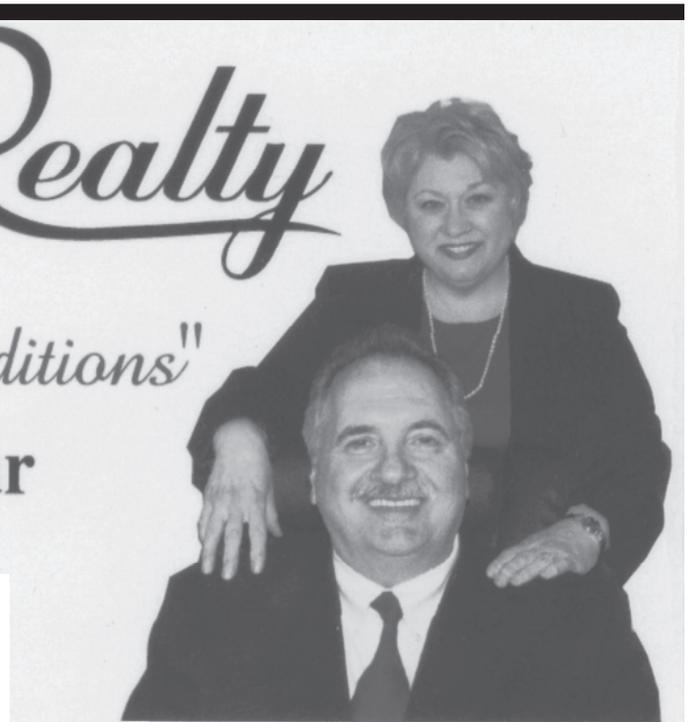
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Lewiston-Auburn's health care industry is truly one of the area's centers of excellence. Anchored by two of the State's finest hospitals — Central Maine Medical Center and St. Mary's Regional Medical Center — the health care industry is the area's largest, employing more than 7,000 people. Maine's second largest metropolitan area is also home to Androscoggin Home Care and Hospice, a network of home health care providers throughout western and central Maine providing competent nurses and health care providers catering to many of the State's elderly and shut-ins.

Androscoggin Home Care & Hospice is a nonprofit Medicare-certified agency that provides patient centered care that is meaningful, organized, developed, effective/efficient and has lasting quality. They provide specialized skilled, supportive hospice services and bereavement services to Maine residents and their families in the comfort of their home and community. In keeping with their commitment to offering Maine's most comprehensive end-of-life services they constructed the hospice house which provides patients and their families a place to call home when the care and support they require can no longer be comfortably provided where they currently reside. For more information on Androscoggin Home Care & Hospice and all of their services, visit their website at www.AHCH.org.

The Center for Community Dental Health (CCDH) is a private, non-profit United Way agency that provides dental services to all comers but primarily to those of low income or eligible for Medicaid. The dentists, hygienists, assistants, and other caring professional CCDH staff provide examinations, x-rays, cleanings, restorations, and emergency care. Over the years the Center has expanded their services to include research, community education, and quality dental care to all. Their team of dental educators reaches many, many Maine elementary school children each year, teaching them the dental and nutritional habits that will keep their mouths healthy for a lifetime.

The Central Maine Comprehensive Cancer Center (CMCCC) supports a multidisciplinary cancer team comprised of medical oncologists, radiation oncologists, surgeons, and other healthcare professionals who together provide outstanding cancer care. CMCCC's Cynthia A. Rydholm Cancer Treatment Center offers radiation therapy treatment, including intensity modulated radiation therapy, a precise form of treatment that allows for higher doses of radiation and improved cure rates. The Sam and Jennie Bennett Breast Care Center offers a full range of diagnostic services, including digital mammography, in a patient-friendly and supportive atmosphere. The Patrick Dempsey Center for Cancer Hope and Healing provides – at no cost to patients – education, support and wellness services to enhance the quality of life of those touched by cancer.

The Central Maine Heart and Vascular Institute (cmhvi.org) provides residents of a broad swath of Maine with specialized care for the heart, from the heart, close to home. CMHVI's cardiologists perform diagnostic and interventional procedures, including electrophysiology, cardiac catheterization and angioplasty. Surgical services include cardiac bypass surgery, valve surgery, minimally invasive thoracic and vascular surgery, and other procedures. Other CMHVI offerings include a comprehensive cardiac rehabilitation service and various educational and support programs. Skilled professionals deliver an array of sophisticated services, including diagnostic testing and pacemaker management. CMHVI also features the Single Stay Unit, where experienced nurses provide tailored care that meets each patient's individual needs.

Central Maine Medical Center (cmmc.org) is a regional healthcare referral center serving some 400,000 residents of central, western, and midcoast Maine. CMMC supports one of the state's three designated trauma centers and is the southern base for LifeFlight

of Maine, a statewide medical helicopter service. CMMC's specialty services include the Central Maine Comprehensive Cancer Center, the Neonatal Intermediate Care Unit for sick and premature infants, and the Central Maine Rehabilitation Center. The Orthopaedic Institute of Central Maine and the Central Maine Sleep Center serve patients from special facilities at CMMC. CMMC's recently expanded Emergency Department provides an environment that supports an enhanced patient experience.

The Central Maine Medical Group (cmmgcare.org) is a healthcare provider organization that seeks to deliver the highest quality, most convenient healthcare services possible. The multispecialty group practice includes some 350 physicians and associated professional staff members who see patients in practice settings in communities throughout central, western, and mid-coast Maine. CMMG's patient-centered care model includes a shared medical record system which helps assure paperwork doesn't get in the way of patients getting the healthcare they need. CMMC primary and specialty care is provided in facilities in locations extending from Fryeburg in the west to Pittsfield in the east, and from Skowhegan in the north to Brunswick in the south. CMMC and CMMG also support a number of specialty care services throughout the region, including clinics at affiliated hospitals in Bridgton (bridgtonhospital.org), Rumford (rumfordhospital.org) and Brunswick (parkviewamc.org). CMMG care providers offer primary care services at numerous locations, and specialty care is available throughout the region. Specialty care services include the Bladder Control Center, Women's Specialty Center, Central Maine Fertility Center, Central Maine Bariatric Surgery, Central Maine Infectious Diseases, and Central Maine Endocrinology and Diabetes Center, all in Lewiston. Other specialty services are plastic surgery, urology, and sports medicine, as well as the Central Maine Pain Management. The Central Maine Hearing Center provides services for diagnosing and treating ear and hearing disorders for children and adults of all ages.

Central Maine Orthopaedics PA is a comprehensive orthopaedic ambulatory center and is located on Minot Avenue in Auburn. CMO surgeons, physicians, and allied health professionals care for injuries and diseases of the musculoskeletal system, and provide care in all areas of orthopaedics, including joint replacement, sports medicine, foot and ankle, hand, spine, trauma, hip, knee, and shoulder. CMO is a leading-edge medical center with a state-of-the-art outpatient surgery center which eliminates the need for Maine patients to travel for advanced orthopaedic care. In addition, the CMO center has a digital imaging and MRI center, a casting suite, and physical therapy all on the premises. For more information, please visit www.cmogroup.org.

Community Concepts offers two health care programs to the community. The school-based alcohol and drug treatment and prevention program helps at risk teens by providing an alcohol and drug counselor at schools to screen, assess and provide short-term individual counseling. The transportation division offers free transportation to MaineCare recipients for approved medical appointments.

The Corinne Croteau Lepage Women's Health Pavilion is home to Women's Health Associates and the Family Birthing Center. Women's Health Associates, a Department of St. Mary's Regional Medical Center, is where a group of OB/GYNs, Midwives, and Urogynecologist care for women in all stages of their adulthood. The Family Birthing Center offers the comforts of home during labor, delivery, and postpartum care. The serene environment, state-of-the-art technology, and caring staff have earned the Center a reputation for exceptional care that draws women from all over southern and central Maine. For more information, please visit www.stmarysmaine.com.

HEALTH CARE

Maine Spinecare opened in 2010, Maine Spinecare was developed specifically for back and neck pain patients and addresses the lack of care standardization typically experienced by back patients. Through coordinated leading edge systems for spine care and diagnostics delivered under one roof, Maine Spinecare has evidence-based treatment programs for all spine conditions. Combining the expertise of fellowship trained spine surgeons, non-surgical spine physicians, interventional pain specialists and specialized spine physical therapists, Maine Spinecare emphasizes a non-surgical approach to resolving spine problems. If in some cases, spine surgery is deemed necessary, Maine Spinecare has an experienced fellowship trained spine surgeon ready to meet the need. For more information please visit www.mainespinecare.com.

Orthopaedic Institute of Central Maine (OICM) Central Maine Orthopaedics and Central Maine Medical Center developed an inpatient orthopaedic facility unlike any other in Maine: the Orthopaedic Institute of Central Maine (OICM). The OICM offers a specialized comprehensive continuum of care approach to patients. This service line approach has produced clinical outcomes that are among the best in the nation. Such outcomes include increased patient satisfaction, reduced length of stay, and significantly decreased readmission rates. The care is provided through highly trained, board-certified and fellowship trained orthopaedic specialists, and is complemented by a team of specialty trained allied health professionals. The unit also houses a physical therapy unit to provide rehabilitation services on site. Architecturally the OICM was created to de-institutionalize the patient experience through a hospitality aesthetic and prudent architectural flow, while maintaining a design that allows for excellent patient care. For more information on the OICM, visit www.oicm.cmmc.org

St. Mary's Auburn Campus, located at 15 Gracelawn Road in Auburn, provides one location for an array of services to adults who need prevention, diagnostic, and treatment options for common medical conditions. Located within the campus are:
Auburn Medical Associates (207) 330-3950
Center for Diabetes and Endocrinology (207) 777-8625
WorkMed Occupational Health Services (207) 753-3080
Center for Physical Rehabilitation (207) 753-3070
Center for Sleep Disorders (207) 330-3930
Cardiopulmonary Rehabilitation (207) 753-4554
Lab and Imaging (207) 753-3066
For more information, please visit www.stmarysmaine.com.

St. Mary's d'Youville Pavilion focuses on three distinct areas of care. 1) Long-term residential care with daily nursing care, social activities, and pastoral services to provide individualized care to residents. 2) A safe and secure living area to meet the special needs of people living with Alzheimer's and other related dementias. 3) The Rehab Center which helps patients who are discharged from the hospital but may require additional therapy or education related to specific illnesses, care, or medications before going home. Here physicians, therapists, nursing staff, social services, and dietary staff work together to meet the challenges that frequently accompany illness and or injuries.

St. Mary's Regional Medical Center provides the best in medical technology, preventive services, and patient- and family-centered care to central Maine. The hospital is home to a high-tech **Emergency Department** and several specialized areas, including the **Center for Joint Replacement**, the **Center for Cancer and Blood Disorders**, **Center for Hyperbaric and Wound Care**, and the **Center for Family Urology**. (207) 777-8100. The expanded and renovated **Emergency Department**, an accredited Chest Pain Center, provides the highest level of care in one of the most private emergency environments in the state.

St. Mary's Center for Joint Replacement is the first center in Maine to focus solely on hip and knee replacement surgery and recovery. Former joint replacement patients played an integral role in designing the Center and planning the way we deliver care. The Center also boasts an on-site therapy gym so patients are better prepared to return home.

St. Mary's Center for Cancer and Blood Disorders is a fully-accredited Center with a team of physicians, nurses, patient navigators, pharmacists, nutritionist, oncology social worker, exercise physiologists, and pastoral care providers who specialize in caring for people living with cancer. Our physicians are board certified in Oncology, Hematology, and Internal Medicine.

The Breast Health Program at St Mary's Regional Medical Center provides comprehensive education and treatment services for breast health care. The program offers a clinical, educational, psychosocial, and personal resource for learning more about breast health and treating and living with breast cancer.

St. Mary's Center for Hyperbaric and Wound Care providers work as a team to give you comprehensive treatments for healing wounds. The doctors are board certified and the nurses have undergone special training in wound care and hyperbarics. The hyperbaric chamber can be used to treat hard to heal wounds that fail to respond to conventional therapy.

St. Mary's Center for Family Urology providers treat people of all ages (from infancy through adulthood) offering medical and surgical treatment of urologic conditions and cancers in a discreet, compassionate, and respectful manner.

St. Mary's Center for Orthopaedics is home to three orthopaedists specializing in arthritis treatment, sports or work-related injuries, and foot and ankle pain or trauma. The physicians have performed more than 15,000 procedures during their collective 60 years of practice. They look at the big picture when you come to them for care. Their patient-centered approach considers the impact of treatment on your entire life – be it work, family or recreation. They then work with you and a team of experts – therapists, nurses, primary care providers and others – towards achieving your individual recovery plan.

St. Mary's Women's Imaging Center offers the latest in digital mammography and breast MRI services, providing clear, accurate results for better detection and diagnosis of breast abnormalities. It also offers DEXA scans to evaluate bone density.

The Venous Care Center at St. Mary's Regional Medical Center provides more than just a cosmetic level of care. That's because our medical staff brings surgical, radiological, and medical skills to the treatment of chronic swelling in the legs, enlarged veins, and poorly healing leg wounds. This service offers comprehensive care in the management of all aspects of venous disease, from the lifelong care of this problem, through management of any complications.

The Clinic at Walmart Operated by St. Mary's Regional Medical Center is conveniently located in the Walmart Supercenter in Auburn. The Clinic provides walk-in care for your non-urgent health care needs. These can be conditions like common colds, sore throats, ear aches, or plain-old annoying warts. Patients must be 18 months or older. For a complete list of services and hours, please visit www.stmarysmaine.com.

Need a Doctor? St. Mary's Regional Medical Center's **Physician Referral Line** will help you find one. Some offer a sliding fee for office visits and other related services. (207) 777-8899

To find out more about a service or provider at St. Mary's Regional Medical Center, please visit www.stmarysmaine.com or call (207) 777-8100.

HEALTH CARE

St. Mary's Residences consists of 128 private apartments reserved exclusively for the elderly and/or handicapped. Their housing gives seniors the opportunity to combine independent living with support services while conveniently located near St. Mary's Regional Medical Center, physicians' practices, and a pharmacy. For more information, please call (207) 786-0062.

The Sexual Assault Crisis Center (SACC) provides support and assistance to people affected by sexual assault, sexual abuse, and sexual harassment. Services include a 24-hour hot line; crisis intervention and follow-up support; in-person accompaniment after a sexual assault to the hospital, the police station, and court; and information and referrals. Services for adolescents are available through the Drop In Program at area high schools. SACC provides community education, training for professionals who work with victims and survivors, and in-school awareness and prevention programs. They also provide sexual harassment training for businesses, schools, and other organizations.

Tri-County Mental Health Services is a vital part of Maine's healthcare system. More than 10,000 people rely on our programs and services in an area that includes some of the most urban areas (Lewiston/Auburn) to some of the most rural and isolated communities of the western mountain region. We reach into homes, schools, hospitals, businesses and other community locations. Services include Outpatient Counseling, Case Management, Substance Abuse Treatment, Groups, Medication Management, Residential Programs, Day Services, Crisis Services available 24/7, Crisis Stabilization, Residential Programs providing supported and independent living environments, and more. Our mission is to provide the people of Maine with excellence in mental health,

substance abuse, habilitation and life skills services, to respect consumer rights and personal dignity, and to maintain agency financial stability. www.tcmhs.org or 1-888-304-HOPE(4673).

WorkMed Occupational Health Services is dedicated to treating and preventing work-related injuries and illnesses. WorkMed offers pre-employment evaluations, physical therapy, OSHA consultation, and many other services to businesses throughout Maine. WorkMed's new Auburn location at 15 Gracelawn Road offers convenient parking with enough space for big trucks. The new location includes additional conveniences, including: enhanced space for pre-placement exams and other employer services; electronic medical record system; a brand new radiology suite with enhanced quality; a rehabilitation gym; and an onsite adult medicine practice. For more information, please visit www.stmarysmaine.com or call (207) 753-4500.



Central Maine Medical Center College of Nursing and Health Professions

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- Computed Tomography Course
- C.N.A. Course

Additional Course Offerings: Anatomy & Physiology, Ethics, Microbiology, Medical Terminology, Introduction to Psychology, Developmental Psychology, Communications, College Writing, Introduction to Sociology, Algebra, Reiki, and more.

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Email: jenisod@cmhc.org
www.cmmccollege.edu



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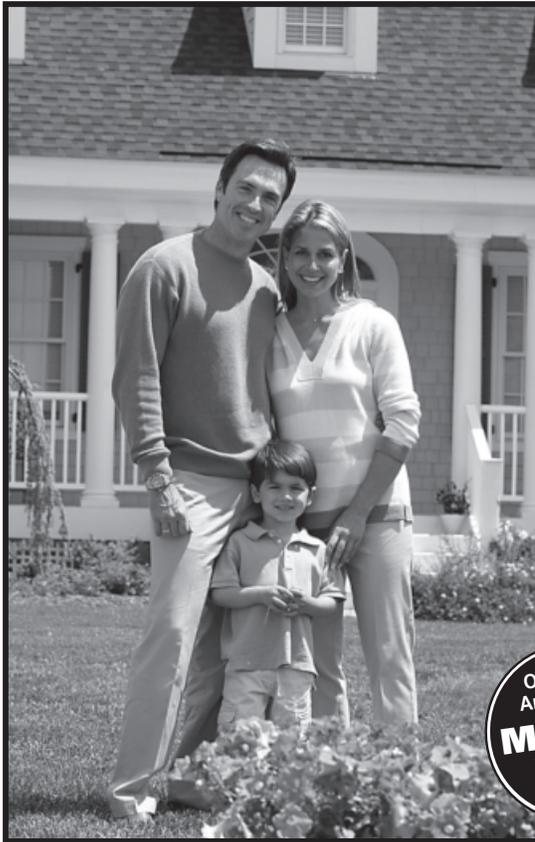
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| Lewiston Auburn Economic Growth Council | ● 207-784-0161 |
| Lewiston-Auburn Railroad Company | ● 207-784-0161 |
| Lewiston Development Corporation | ● 207-784-0161 |
| Maine International Trade Center | ● 207-753-0574 |

PLACES TO STAY - HOTELS, MOTELS & INNS

I = Inside
 O = Outside
 N = No
 Y = Yes

From large hotels to quaint bed and breakfasts, Androscoggin County offers clean, comfortable lodging so visitors can spend more time enjoying what the area offers: hiking, skiing, antiques, four-season fun, and the many summer festivals.

	NO. OF ROOMS	MEETING ROOMS	PETS	POOL	RESTAURANT	HANDICAP ACCESS	HOT TUB/JACUZZI
America's Best Value Inn 170 Center Street, Auburn 207 784-1331 • www.executiveinnmaine.com	65	N	N	N	N	Y	N
Bethel Inn Resort 21 Broad Street, Bethel 207 824-2175 • 207 824-2233 • www.bethelinn.com	138	Y	Y	O	Y	Y	Y
Captain Daniel Stone Inn 10 Water Street, Brunswick 207 373-1824 • 207 373-1857 • www.captaindanielstone.com	24	Y	N	N	Y	Y	Y
Fireside Inn & Suites 1777 Washington Street, Auburn 207 777-1777 • www.firesideinnauburn.com	100	Y	Y	O	Y	Y	Y
Harraseeket Inn 162 Main St. Freeport 207 865-9377 • www.harraseeketinn.com	93	5	Y	Y	Y	Y	N
Highland Lake Resort 115 N. High Street, Bridgton 207 647-5301 • www.highlandlakeresorts.com	138	Y	N	I	Y	Y	Y
Hilton Garden Inn Auburn Riverwatch 14 Great Falls Plaza, Auburn 207 784-4433 • 207 777-7328 • www.auburnriverwatch.hgi.com	138	Y	N	I	Y	Y	Y
Hilton Garden Inn Freeport Downtown 5 Park Street, Freeport 207 865-1433 • 207 865-1432 • www.freeportdowntown.hgi.com	99	Y	N	I	Y	Y	Y
Holiday Inn Bath 139 Richardson Street, Bath 207-443-9741	141	Y	Y	O	Y	Y	N
Holiday Inn Express & Suites 303 Sable Oaks Drive, So. Portland 207-775-3900	130	Y	Y	I	N	Y	N
The Inn at Brunswick Station 4 Nobel St. Brunswick, ME 04011 207 837-6566 • www.innatbrunswickstation.com	52	Y	Y	N	Y	Y	N
Point Sebago Resort 261 Point Sebago Road, Casco 207 655-7949 • 207 655-3371 • www.pointsebago.com	200	Y	Y	N	Y	Y	N
Poland Spring Resort 543 Maine Street, Poland Spring 207 998-4351 • 207 998-2811 • www.polandspringresort.com	200	N	Y	O	Y	Y	N
Portland Marriott at Sable Oaks 200 Sable Oaks Drive, So. Portland 207-871-8000	226	Y	Y	I	Y	Y	Y
Ramada Conference Center 490 Pleasant Street, Lewiston 207 784-2331 • 207 784-2332 • www.ramada.com	117	Y	Y	I	Y	Y	Y
Residence Inn by Marriott 670 Turner Road, Auburn 207 777-3400 • 800-384-9855 • www.marriott.com	100	Y	Y	I	N	Y	Y
Samoset Resort 220 Warrenton St., Rockport 800 341-1650 • 207 389-2004 • www.samoset.com	178	Y	Y	O	Y	Y	Y

PLACES TO STAY - HOTELS, MOTELS & INNS

I = Inside
 O = Outside
 N = No
 Y = Yes

	NO. OF ROOMS	MEETING ROOMS	PETS	POOL	RESTAURANT	HANDICAP ACCESS	HOT TUB/JACUZZI
Sebasco Harbor Resort 29 Kenyon Road, Sebasco Estates 207 389-1161 • 207 389-2004 • www.sebasco.com	110	Y	Y	O	Y	Y	Y
Sleepy Time Motel 46 Danville Corner Road, Auburn 207 783-1435 • 207 344-6014 • www.sleepytimemotel.com	6	N	Y	N	N	N	N
Spruce Point Inn Resort & Spa 88 Grandview Ave. • PO Box 237, Boothbay Harbor 207 633-4152 • www.sprucepointinn.com	84	5	Y	Y	Y	Y	Y



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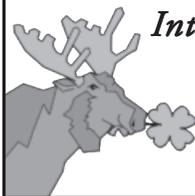
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PLACES TO STAY - BED & BREAKFASTS, COTTAGES

B = Breakfast
N = No
Y = Yes

		NO. OF ROOMS	WATER VIEW	YEAR-ROUND	MEALS SERVED	PETS	HANDICAP ACCESS	FIREPLACE	HOT TUB/JACUZZI
BED & BREAKFASTS & COTTAGES	Angell Cove Cottages 198 Bishop Hill Road, Leeds • 207 524-5041 www.angelcovecottages.com	8	Y	N	N	Y	N	N	N
	Northern Pines Bed and Breakfast 31 Big Pine Road, Raymond • 207 655-7624 www.maine.com/norpines	5	Y	N	B	Y	N	N	N
	Penley House Bed & Breakfast 233 Main Street, Auburn • 207 786-4800 888-786-4802 • www.penleyhouse.com	4	N	Y	B	N	N	Y	N
	The Great Outdoors & Recreation Function Facility LLC 68 Naiad Lane • 207 224-7061 www.greatoutdoorsme.com	3	Y	N	N	N	N	N	N
	The Lodge at Camden Hills 186 Belfast Road, Camden • 207 236-8478 www.thelodgeatcamdenhills.com	14	N	Y	N	N	Y	N	Y
	The Munroe Inn 123 Pleasant Sreet, Auburn • 207 376-3266 www.themunroeinn.com	4	N	N	B	N	N	Y	N
	Wolf Cove Inn 5 Jordan Shore Drive, Poland • 207 998-4976 207 998-7049 • www.wolfcoveinn.com	10	Y	Y	B	Y	N	Y	Y

PLACES TO STAY - CAMPGROUNDS

P = Pool
B = Beach
N = No
Y = Yes

		PLANNED ACTIVITIES	NO. OF SITES	WATER	BOATING	FISHING	SEASON
CAMPGROUNDS	Point Sebago Resort 261 Point Sebago Road, Casco • 207 655-7949 • 207 655-3371 • www.pointsebago.com	Y	120	B	Y	Y	May 1- Oct 31
	Range Pond Family Campground 94 Plains Road, Poland • 207 998-2624 • 207 998-5190 • www.rangepondcamp.com	Y	115	P	Nearby	Nearby	April 15- Oct 15
	Riverbend Campground • 207 524-5711 1540 Route 106, Leeds • 207 524-2315 • www.riverbendcampgroundmaine.com	Y	100	Y	Y	Y	May 1- Columbus Day
	Sagadahoc Bay Campground Sagadahoc Bay Road, Georgetown • 207 371-2014 • www.sagbaycamping.com	N	64 & 4 cabins	B	Y	Y	May 1- Nov 1

PLACES TO EAT

Restaurant	Phone	Address	Website
84 Court St Pizza & Resaurant	207 376-4940	84 Court Street, Auburn, ME	
Bethel Inn Resort	207 824-2175	On the Common, Broad St, Bethel	www.bethelinn.com
Boa Thai Sushi	207 376-4810	703 Sabattus St, Lewiston, ME	
The Bread Shack	207 376-3090	1056 Center Street, Auburn	www.thebreadshack.com
Buffalo Wild Wings Grill and Bar		684 Turner St #2 Auburn, ME	www.buffalowildwings.com
Burger King Restaurant	207 784-6142 207-783-0673 207 783-2825 207 795-6133	333 Center Street, Auburn 90 Mount Auburn Avenue, Auburn 827 Lisbon Street, Lewiston 704 Main Street, Lewiston	www.bk.com
The Cage	207-783-0668	97 Ash Street, Lewiston, ME	
Campus Cuisine Inc	207 777-8609	100 Campus Avenue, Lewiston	
Chick-A-Dee of Lewiston	207 376-3870	1472 Lisbon Street, Lewiston	www.chick-a-deeoflewiston.com
Chopsticks Restaurant	207 783-6300	37 Pine St. Lewiston, ME	www.chopsticks-restaurant.com
DaVinci's Eatery	207 782-2088	Bates Mill Complex 150 Mill St, Lewiston	www.davinciseatery.com
Dunkin' Donuts	207 783-0408 207 784-8611 207 783-8111 207 783-0408 207 786-2670	360 Center Street, Auburn 800 Minot Avenue, Auburn 7 Riverside Drive, Auburn 600 Center Street, Auburn 100 Mount Auburn Avenue, Auburn	www.dunkindonuts.com
Fire House Grille	207 376-4959	47 Broad Street, Auburn	www.thefirehousegrille.biz
Fireside Inn & Conference Center	207 777-1777	1777 Washington Street, Auburn	www.firesideinnauburn.com
Fish Bones American Grill	207 333-3663	70 Lincoln Street, Lewiston	www.fishbonesag.com
Forage Market	207 240-0503	180 Lisbon Street, Lewiston, ME	www.foragemarket.com
Fore Seasons Restaurant	207 224-7090	North Parish Road, Turner	www.foreseasons.net
Fuel	207 333-3835	49 Lisbon Street, Lewiston	www.fuelmaine.com
Fusion	207 784-2331	490 Pleasant Street, Lewiston	
Gipper's Sports Grill	207 786-0715	120 Center Street, Auburn	www.gippers.com
Governor's Restaurant & Bakery	207 753-0173	1185 Lisbon Street, Lewiston	www.governorsrestaurant.com
Great American Grill Hilton Garden Inn Auburn Riverwatch	207 784-4433	14 Great Falls Plaza, Auburn	
Great American Grill Hilton Garden Inn Freeport Downtown	207 865-1433	5 Park Street, Freeport	www.freeportdowntown.hgi.com
The Green Ladle	207 777-3199	156 East Avenue, Auburn	
Gridiron Restaurant & Sports Pub	207 777-6353	1567 Lisbon Street, Lewiston	www.gridironrestaurant.com
Gritty McDuff's Brewing Company	207 376-2739	68 Main Street, Auburn	www.grittys.com
Heidi's Brooklyn Deli	207 784-3434	624 Turner Street, Auburn	www.HeidisAuburn.com
Hurricane's Cafe & Deli	207 946-3354	682 US Rt 202, Greene	www.hurricanedeli.com
Inn at Brunswick Station	207 837-6565	4 Noble Street, Brunswick, ME	www.innatbrunswickstation.com
Jasmine Café	207 376-4855	730 Center St. Auburn, ME	www.jasminecafemaine.com

PLACES TO EAT

Restaurant	Phone	Address	Website
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Legends Sports Bar & Grill	207 241-0051	128 Center St. Auburn, ME	menusinla.com/restaurants/legends-sports-bar-grill
The Library Cafe	207-784-2300	49 Spring Street, Auburn	www.auburnlibrarycafe.com
LongHorn Steakhouse	207 784-1807	649 Turner Street, Auburn	www.longhornsteakhouse.com
Luiggi's Pizzeria	207 782-0701	63 Sabattus St, Lewiston, ME	www.luiggispizzeria.com
Mac's Grill	207 783-6885	1052 Minot Avenue, Auburn	www.macsgrill.com
Marché	207 333-3836	40 Lisbon Street, Lewiston	www.marchemaine.com
Marco's Restaurant	207 783-0336	12 Mollison Way, Lewiston	www.marcositalian.com
Margaritas Mexican Restaurant	207 782-6036	180 Center Street, Auburn	www.margs.com
McDonald's of Auburn Lewiston	207 783-6538 207 783-3845 207 353-1655	1035 Lisbon Street, Lewiston Center Street, Auburn Rt 196, Lisbon Falls	www.mcmaine.com
Mother India	207 333-6777	114 Lisbon Street, Lewiston	www.motherindiamaine.com
Narals Experience Arabia	207 344-3201	34 Court Street, Auburn, ME	www.narals.com
No. 10 Water Restaurant	207 373-9299	10 Water Street, Brunswick	www.captaindanielstone.com
Papa John's Pizza	207 786-7272	850 Lisbon Street, Lewiston	www.papajohns.com
Pat's Pizza of Auburn	207 784-8221	85 Center Street, Auburn	www.patsauburn.com
Pedro O'Haras	207 783-6200	134 Main Street, Auburn	www.pedrooharas.com
Pinky D's	207 415-8997	17 Higgins Street Lisbon Falls, ME	www.pinkyds.com
Pomodoro's Italian Bistro	207 225-2323	868 Auburn Road, Turner	www.youlys.com
Rolandeau's	207 784-2110	775 Washington St, Auburn	www.rolandeausrestaurant.com
Rolly's Diner	207 753-0171	87 Mill Street, Auburn	www.rollysdiner.com
Roy's All Steak Hamburgers & Golf Center	207 782-2801	2514 Turner Street, Auburn	www.roysgolf.com
Sam's Italian Sandwich Shoppes	207 782-9145 207 782-4444 207 786-7779 207 782-5555 207 783-2222 207 786-3333 207 783-1111	268 Main Street, Lewiston 902 Lisbon Street, Lewiston 1930 Lisbon Road, Lewiston 963 Sabattus Street, Lewiston 675 Main Street, Lewiston 229 Center Street, Auburn Taylor Brook Mall, Auburn	www.samsitalian.com
Schemengee's Bar & Grille	207 777-1155	551 Lincoln Street, Lewiston	www.schemengees.net
Sea40 Japanese Cuisine	207 795-6888	40 East Avenue, Lewiston, ME	www.sea40me.com
Sedgley Place	207 946-5990	Sedgley Rd. Greene, ME	www.sedgleyplace.com
Simones Hot Dog Stand	207 782-8431	99 Chestnut Street, Lewiston	
Starbucks	207 782-0674	35 Mount Auburn Ave, Auburn	www.starbucks.com
Subway	207 795-6422 207 777-1446 207 786-4629	741 Main St, Lewiston, ME 120 Center Street, Auburn, ME 133 Lisbon Street, Lewiston, ME 1420 Lisbon St, Lewiston, ME	

PLACES TO EAT

Restaurant	Phone	Address	Website
Subway	207 786-4339	545 Minot Ave, Auburn, ME	
	207 375-9955	1385 Maine St Unit 2, Sabattus, ME	
	207 784-9320	794 Sabattus Street, Lewiston, ME	
Sundae's Ice Cream Shoppe	207 777-0071	213 Center St., Auburn	www.sundaesauburn.com
T.G.I. Friday's	207 786-7635	649 Turner Street, Auburn	www.myfridays.com
Taber's	207 784-2521	473 Lake Shore Drive, Auburn	
Tim Hortons	207 753-0014	458 Center Street, Auburn	www.timhortons.com
	207 753-6773	848 Minot Avenue, Auburn	
	207 753-0176	736 Sabattus Street, Lewiston	
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www.fxmarcotte.com

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www.homedepot.com

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strum@ime.net
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www.auburncommunityband.com • auburncommunityband@gmail.com

Every Wednesday evening, from mid-June through the end of August, the 45-50 member Auburn Community Concert Band, a division of Auburn Parks & Recreation Department, presents free outdoor concerts from 7:00 - 8:15 PM at Festival Plaza in downtown Auburn, weather permitting. A different program of music is performed each week. Selections often include famous marches, Broadway and movie themes, well-known patriotic tunes, and popular songs from the '40s through the present. Each December, several free holiday concerts are also offered to the public. Musicians are welcomed to become members of the band during the months of January and September.

Bates Dance Festival

3305 College St., Lewiston, ME 04240 • Laura Faure, Director

207-786-6381 Office, 207-786-6161 Box Office (June 30/August 10 only)

Email: dancefet@batse.edu, Website: www.batesdancefestival.org

The Bates Dance Festival, founded in 1982, is an internationally known presenting and training program of contemporary dance and music based at Bates College. Each July and August artists from across the globe gather at Bates to study, create and perform. The Festival offers a world class performance series including main stage concerts, lectures, panel discussions and films featuring acclaimed artists. The Festival also offers dance training programs for local youth, young dancers and professionals who come from around the world. To learn more about the Festival and view the complete program for 2014 please visit us online at: www.batesdancefestival.org.

Franco Center

PO Box 1627, Corner of Oxford & Cedar Street, Lewiston, ME 04241-1627

Box Office 207 689-2000 • Rita Dube • Business Office 207 783-1515

www.francoamericanheritage.org

The Franco Center has become one of Lewiston Auburn's greatest assets. Serving three purposes: 1) Its Performance Hall (428 seats) is a state-of-the-art performing arts center, hosting a wide range of performances. 2) Franco-American cultural artifacts are preserved and the language of the area's French-Canadian immigrants is passed on to future generations. 3) Its Heritage Hall serves as a community center capable of hosting gatherings of up to 250, with a modern and fully-licensed kitchen and bar.

L/A Arts

221 Lisbon Street, Lewiston, ME 04240 • 207 782-7228

www.laarts.org • mail@laarts.org

LA Arts is the designated local arts agency (a 501(c)(3) non-profit organization) for Lewiston Auburn whose mission is to inspire and engage a vibrant community through arts and culture. Celebrating its 40th year in service to the region, LA Arts offers innovative and recognized programs which emphasize cross sector advocacy and partnership building. The organization fosters community engagement and participation in artistic events which positively impacts the aesthetics of the cities, and contributes to the creative economy. It works to build the next generation of art learners and appreciators through its Arts in Education programs, and seeks to pioneer and support new initiatives which offer accessible arts opportunities for all.

L/A Community Little Theatre

Theatre and Box office location Great Falls Center for the Arts

30 Academy Street, Auburn, ME 04210 • www.laclt.com

207-783-0958 • info@laclt.com

The Community Little Theater (CLT) has been providing live, professional-quality performances to the L-A area for 70 years. From crowd-pleasing full scale Broadway Musicals to Tony Award-

winning comedies and dramas, CLT has staged more than 300 productions since 1940. CLT is a volunteer, non-profit organization that welcomes everyone to get involved in one or more of the many areas of producing great theater. Voted 2009 Lewiston-Auburn's "BEST THEATER" and for 3 consecutive years for which we boast Maine's Biggest "Little Theater."

The Maine Music Society

207 782-7228 • info@mainemusicsociety.org • www.mainemusicsociety.org

The Maine Music Society is a non-profit music performing organization that has presented professional quality choral performances in the Lewiston-Auburn area for 20 years. It consists of the Androscoggin Chorale, an auditioned choir of about 70 singers, and an orchestra comprised of professional instrumentalists from the area. The repertoire ranges from major classical works to pieces of contemporary composers and more modern popular tunes all performed at the Franco-Center in Lewiston. The 2013-2014 season includes "Battle of the Blends" in November, "A Heritage Christmas" in December, "Messiah with Mozart's--The Great Mass in C" in March, and "Blowin in the Wind" in May.

Midcoast Symphony Orchestra

Franco American Heritage Center, Corner of Oxford & Center Streets, Lewiston, ME • John Teller • 207 371-2028 • www.midcoastsymphony.org

In 1990 a small group of musicians called the Midcoast Chamber Orchestra decided to form an orchestra to provide a venue for the study and performance of classical music. It became obvious that there were many more retired professional and talented non-professional musicians living in the area who were anxious to exercise their musical skills. In 1998 The Board of Directors voted to expand the original idea of a Chamber Orchestra to a full-size Symphonic Orchestra and to hire a full-time conductor. Today, the Midcoast Symphony Orchestra remains a non-profit, community-based organization that performs four concert series a season. New members inquiries welcome.

The Public Theatre

Lewiston/Auburn's Professional Theatre

31 Maple Street, Lewiston, ME 04240 • 207 782-3200 (box office)

www.thepublictheatre.org • info@thepublictheatre.org

Since 1991, The Public Theatre, Lewiston-Auburn's Professional Theatre, has been bringing high-quality theatre to the citizens of Central Maine at incredibly affordable prices. NEW YOUTH TICKET, ONLY \$5.00 We feel that introducing our Youth to live theatre is so important, we are offering our new Youth ticket price to any child under 18. Any performance of any show is only \$5.00. We encourage you to visit our Student Matinee pages for age recommendations for each show. The Public Theatre is one of five Equity theatres in Maine and boasts the lowest ticket prices for any Equity theatre in the state with a top ticket price of only \$20. Hiring the finest professional actors from New York City to Los Angeles, The Public Theatre presents a wide selection of Broadway-quality professional performances from October through May.

Theater at Bates

2 Andrews Road, Lewiston, ME 04240

Martin Andrucki, Chairman, Department of Theatre and Rhetoric

207 786-6187 • www.bates.edu/Faculty/Theater

207 786-6161 (Box Office only) • www.bates.edu/boxoffice

The Department of Theatre and Rhetoric stages several theater and dance productions each year in its three theaters-Schaeffer Theatre, Gannett Theater, and Black Box Theater-ranging from the classics to the avant-garde. In addition, rising playwrights are invited to the campus to offer staged readings of their work.

FESTIVALS

Art Walk Lewiston Auburn

Originally started as a grassroots endeavor supported by community members, Art Walk Lewiston Auburn has been a great cultural event for the Twin Cities. L/A Arts, the new host, is excited for the opportunity to continue to grow and develop Art Walk. Once every month, from May through September, we turn downtown into an impressive arts district. Each month is different so stay tuned for detailed information on our website www.artwalklewistonauburn.com or www.laarts.org

Auburn Winter Festival

Auburn's Winter Festival is a celebration of everything winter. The weekend-long festival at the end of January includes 3 on 3 pond hockey, snowshoeing, ice sculpting, skiing, cardboard box sledding, ice skating, snow rafting rides, torchlight parade and much more! For more information visit www.auburnmaine.gov

Great Falls Balloon Festival

In August, Great Falls Balloon Festival is host to over forty hot air balloonists from across the Northeast, making it one of the largest hot air balloon festivals in northern New England. The festival features ongoing activities throughout the weekend for people of all ages. www.greatfallsballoonfestival.org

Great Falls Yoga Festival

This one-day celebration of yoga takes place at the Royal Oak Room, a renovated train station, and the Dempsey Center for Cancer Hope and Healing, both located in Lewiston. Teachers from around the region will hold classes of several different styles of yoga, including: ashtanga, kundalini, Kripalu and eye yoga. In addition, the day includes workshops in natural ayurvedic nutrition, zen meditation and ends with a vibrant gong meditation that sends participants, known as yogis, back home content and relaxed. All proceeds from the festival benefit two local non-profits – the YWCA in Lewiston and the Auburn Public Library. For more information, visit www.greatfallsyogafestival.org/

Greek Festival

In September, the weekend after Labor Day is the annual Greek Festival. Enjoy marvelous Greek food while listening to traditional music.

Ice Festival

The Ice Festival of Lewiston/Auburn is a once a year, three day extravaganza of deliciously frosty beverages served up with a twist; multiple ice bars, over a dozen gorgeous ice sculptures, music and light hors d'oeuvres from a variety of local restaurants. In the inaugural year we were stunned by the turnout, over 2500 people, thus making Icefest L/A one of the largest in the state!! We had featured 20 ice sculptures, 3 ice bars, 3 ice carving demonstrations and a 15 foot igloo. So pull on your best faux fur or down parka, some warm gloves and chill out with Ice Fest L/A this February! <http://icefestla.com/>

L/A Film Festival

Lewiston and Auburn, with a rich history and bright future, is the perfect backdrop for a film festival. As you walk from one town to the other, across the bridge and over the mighty Androscoggin River that cascades over the Great Falls, you'll see both our past and our future: Our past in the worn red brick mills that line the river, and our future in the enterprising new businesses that now fill... them. We are the second largest community in the state and continue to grow every year.

Instead of sticking you in a traditional cineplex, each location participating in LAFF is doubling as a theater for one day only. These locations will host either an afternoon of movies or an afternoon of workshops. One ticket will get you in to all of the movies and workshops. www.lafilmfestival.org

Liberty Festival

On the 4th of July, the Liberty Festival brings the community together to celebrate with live entertainment, games, food, fun, and a grand fireworks display. www.libertyfestival.org

Moxie Festival

The Moxie Festival is held in downtown Lisbon Falls the second weekend in July honoring Moxie, a beverage with a distinctive taste. Food, crafts, a parade, entertainment, and much more are available for everyone's enjoyment. See Moxie video: www.downeast.com/Maine-Videos/#videos www.moxiefestival.com

ART GALLERIES & MUSEUMS

Androscoggin Historical Society

County Building, 2 Turner Street, Unit 8, Auburn, ME 04210-5978
207 784-0586 • www.rootsweb.ancestry.com/~meandrhs
David C. Young, President andrhs@myfairpoint.net

The Androscoggin Historical Society preserves and disseminates the history of Androscoggin County. Since 1923, the Historical Society has been preserving and promoting the long, rich history of the county. The Clarence E. March Library has extensive holdings in local history and genealogy, and the Davis-Wagg Museum is filled with many artifacts of local historical interest, both open to the public free of charge. Hours 1:30 - 5:00 p.m., Wednesday through Friday. Please call ahead on Fridays. (wheelchair accessible)

Atrium Art Gallery

University of Southern Maine, Lewiston-Auburn College,
51 Westminster Street, Lewiston, ME 04240 • 207 753-6554
www.usm.maine.edu/atriumgallery • Robyn Holman, Curator
holman@usm.maine.edu

The Atrium Art Gallery, located in the expansive hub of the USM's Lewiston-Auburn campus, presents diverse art exhibitions in all media. The art gallery sponsors an open juried biennial exhibition featuring work by artists in Androscoggin, Franklin, and Oxford counties. Hours: Monday-Thursday, 8:00 a.m.-8:00 p.m.; Friday, 8:00 a.m.-4:30 p.m.; Saturday (during fall and spring semesters), 9:00 a.m.-3:00 p.m. Closed holidays. The Atrium Art Gallery is open to the public free of charge.

ART GALLERIES, MUSEUMS

Bates College Museum of Art

Olin Arts Center, 75 Russell Street, Lewiston, ME 04240
Marc Bessire • 207 786-6158 • www.bates.edu/acad/museum

Located on the historic campus of Bates College, the Museum of Art is home to one of the region's finest art collections, including the Marsden Hartley Memorial Collection. The museum, housed in the Olin Arts Center, hosts ongoing exhibitions, special events, and showings of the permanent collection throughout the year.

Franco American Collection

Lewiston-Auburn College, Room 153, 51 Westminster Street, Lewiston, ME 04240
James Myall • 207 753-6545 • www.usm.maine.edu/franco
franco@usm.maine.edu

In keeping with its educational, research, and community service mission, the Franco-American Collection is designed to promote interest in and study of the Franco-American culture and history. A significant collection of documents, photographs, artifacts, and audiovisual material relating to the Franco-American community is housed in the facility. Generally hours are Mondays thru Thursdays 9:00 a.m. - 4:00 p.m.

Franco Center

PO Box 1627, Corner of Oxford & Cedar Street, Lewiston, ME 04241-1627
Box Office 207 689-2000 • Rita Dube • Business Office 207 783-1515 www.francoamericanheritage.org

The Franco Center has become one of Lewiston Auburn's greatest assets. Serving three purposes: 1) Its Performance Hall (428 seats) is a state-of-the-art performing arts center, hosting a wide range of performances. 2) Franco-American cultural artifacts are preserved and the language of the area's French-Canadian immigrants is passed on to future generations. 3) Its Heritage Hall serves as a community center capable of hosting gatherings of up to 250, with a modern and fully-licensed kitchen and bar.

Lyceum Gallery

Lyceum Hall • 49 Lisbon Street, Lewiston, ME 04240 • 207 782-7228
www.laarts.org/visual/gallery-5.htm

Lyceum Gallery is a unique venue for juried exhibits of contemporary art. We sponsor weekly arts events like the Collectors' Circle, Pecha Kucha Night, and Masterpiece Makers. Underwritten by Fuel restaurant, please see our web page www.lyceumgallery.com or Facebook www.facebook.com/Lyceum.Gallery for current exhibit, events and hours.

Maine Art Glass Studio-Butterfly & Insect Museum

Maine Art Glass Studio - 51 Main Street - Rte 125 - Lisbon Falls, ME 04252 - 207 353-6700 Jim Nutting - www.maineartglass.com

The Butterfly and Insect Museum is located at Maine Art Glass Studio, 51 Main Street Rte 125 in Lisbon Falls. The Butterfly and Insect Museum features exciting and educational exhibits appropriate for all ages. Jim Nutting also keeps an exhibit of live creatures for supervised viewing. Free to the public or organized tours by appointment. The Museum is underwritten by Jim Nutting and Maine Art Glass Studio for the educational benefit of Maine's public and children in particular.

Maine Art Glass Studio--Sanctuary Gallery

Maine Art Glass Studio-51 Main Street- Rte 125 - Lisbon Falls, ME 04252
Nel & Denise Bernard • 207 353-6700 • www.maineartglass.com

The Sanctuary Gallery is located at Maine Art Glass Studio, 51 Main Street, Rte 125 in Lisbon Falls. The gallery serves as a staging area for new ideas in glass, fine arts, and superior crafts from throughout Maine. The Gallery is underwritten and supported by Maine Art Glass Studio for the benefit and enjoyment of town residents and visitors. Open to the public Monday through Thursday 9am to 9pm, and Friday and Saturday 9am to 4pm.

Museum L-A

35 Canal Street Box A7, Bates Mill Complex, Lewiston, ME 04240
Rachel Desgrosseilliers • 207 333-3881 • info@museumla.org www.museumla.org
Museum L-A, The Story of Work and Community in Lewiston-Auburn. Discover the Twin Cities' rich heritage of labor, industrial commitment, community expansion, and cultural influences. Engaging exhibits and special programs encourage family fun and learning across generations. Unique gifts at Museum Shop. Open 10-4 Mon.-Sat.

Washburn-Norlands Living History Center

290 Norlands Road, Livermore, ME 04253 • 207 897-4366 • www.norlands.org
Located on 445 acres of the former estate of the Washburn family, the site is a working farm and museum featuring a beautifully restored Victorian country home, farmer's cottage, granite library, white-steepled church, one-room schoolhouse, and a large barn full of animals. The Washburn-Norlands seeks to preserve the heritage of 19th century rural life through innovative and entertaining hands-on programs for all ages. The Washburn-Norlands thrives on the generosity of its members, donors, and volunteers.

RECREATIONAL ACTIVITIES

Androscoggin Bank Colisée

190 Birch St. Lewiston, ME 04240 • 207.783.2009 • www.thecolisee.com

The Androscoggin Bank Colisée is a multi-purpose entertainment and sporting facility. Proud home to the Youth and High School Hockey teams it also hosts a number of concerts, sporting events and trade shows with seating of up to 4,800. The arena also offers Public Skating for all ages including special skate nights for teens. The facility includes Blue Line Sporting Goods pro-shop, The Shipyard Lounge with seating for over 100 people, a Concession & Skate Rental.

Androscoggin Land Trust

Androscoggin Land Trust • Jonathan P. LaBonte 207-782-2302
Mailing Address: PO Box 3145 Auburn , ME 04212
Physical Location on the Riverfront: 86 Main St, Ste 201, Auburn , ME 04210
info@androscogginlandtrust.org • www.androscogginlandtrust.org

The Androscoggin Land Trust (ALT) is a non profit, membership organization dedicated to land conservation and stewardship. Currently ALT protects nearly 5,000 acres of open space, community forest and working farmlands including 10 miles of river shore. ALT is committed to maintaining important natural areas, traditional landscapes, and facilitating outdoor recreational experiences in the Androscoggin River watershed.

Initially the source of life and trade for Native Americans, the Androscoggin River became the primary energy source for the manufacturing industry in Androscoggin County. Now, the Androscoggin River watershed is a major recreation attraction, featuring boat access, shoreline fishing areas, and extensive public lands, including the Androscoggin Riverlands State Park in Turner, a delightful and historical place for all-season recreation.

RECREATIONAL ACTIVITIES

Androscoggin Riverlands State Park

Androscoggin Land Trust • Jonathan P. LaBonte 207-782-2302
Mailing Address: PO Box 3145 Auburn, ME 04212
Physical Location on the Riverfront: 86 Main St, Ste 201, Auburn, ME 04210
info@androscogginlandtrust.org • www.androscogginlandtrust.org

The Androscoggin Riverlands, owned by the state of Maine, is Maine's newest state park in a quarter of a century and encompasses nearly 2,600 acres in Turner and Leeds that was initially conserved by a group of local citizens concerned that the rivershore views and traditional recreation uses would be lost to residential development when the former timberland went up for sale. With over 20 miles of trails, The Homestead Trail is the signature hiking trail developed by local volunteers nearly a decade ago. The Riverlands was a flourishing neighborhood along the Old River Road in Turner until 1927, when Central Maine Power built Gulf Island Dam and flooded the valley upstream for 11 miles. The homesteads were destroyed, but fascinating artifacts still exist along the trail.

Bethel Inn & Country Club

21 Broad Street, Bethel, ME 04217 • 207 824-2175 • www.bethelinn.com

Maine's premier four-season resort is in the heart of historic Bethel, Maine, "Maine's most beautiful mountain village." A 200-acre resort with 150 traditional inn and luxury townhouse accommodations and award-winning fine and casual dining, heated outdoor pool, health club, and conference and meeting facilities. Enjoy our 18-hole championship golf course and Guaranteed Performance PGA Golf School in the summer months and a 40 km Cross Country Ski and Snowshoe Center during the winter. Just 6.8 miles from Sunday River Ski Resort, offering affordable ski and family vacation getaways.

Fox Ridge Golf Club

550 Penley Corner Road, Auburn, ME 04210 • 207 777 GOLF
www.FoxRidgeGolfClub.com

Fox Ridge Golf Club has quickly been identified as one of the state's very best championship golf courses. Rolling hills and century-old stone walls lead to island greens and stone bridges. Four sets of tees allow a variety of challenges. Open to the public, the complete facility includes clubhouse, pro shop, driving range, and grill room. Golf lessons with Class A Golf Professional Bob Darling, Jr., clinics, special group packages, and new membership categories are available. Rated 4 1/2 stars out of 5 by Golf Digest.

Lewiston Public Skate Park

Lewiston Department of Recreation, Kennedy Park, Lewiston ME 04240
207 513-3005

Lewiston Public Skate Park, which opened in November of 2006, is one of the only 2 concrete in-ground skate parks in Maine. The 12,000 square foot skate park has in-ground bowls, ramps, stairs and half-pipes and is open 8a.m.-9p.m. weather permitting

Lost Valley, Inc.

Lost Valley Road, Auburn, ME 04210 • Connie King • 207 784-1561
www.lostvalleyski.com

Where skiers learn to ski and riders learn to ride.

"Flexible Ticketing" has been an innovative trend at this local ski area. Lost Valley's tried and true success has been built on the large number of organized programs for juniors and adults, both daytime and evenings. Lost Valley's over 50 years of rich history in snowmaking allows 100% top to bottom snow coverage, whether mother nature assists or not. Here is a classic family ski area offering programs and facilities to make spending time as a family, or just spending time with friends safe, easy, and fun! On the off

season, Lost Valley is known for its wonderful Banquet facility. A perfect spot to hold your Wedding, anniversary, class reunion, or seminars. Spring, summer and fall, we also offer Paintball.

Maple Lane Golf Course

200 Auburn Rd. Auburn, ME 04210
Karen Youland 207 225-2666

Maple Lane Golf Course is a nine hole, par 35 golf course with three sets of tees to provide diversity in play. After golf enjoy food and beverages at the Clubhouse Tavern and Steakhouse in a beautiful setting overlooking the golfcourse.

Martindale Country Club

Beech Hill Road, PO Box 1036, Auburn, ME 04211-1036
James Day 207 782-1107

The clubhouse offers both a private dining/lounge area for its members and an elegantly appointed function room for public events, such as wedding receptions, anniversaries, class reunions, proms, and business groups. Martindale is one of the most popular locations for social events in Lewiston/Auburn and surrounding areas. The staff at Martindale will assure you the finest food and service along with a friendly and warm atmosphere. In addition the golf course is one of the oldest and finest in Maine.

Mount Apatite Park

Auburn Parks & Recreation Department
Pettengill Park, Auburn, ME 04210 • 207 333-6600

Mount Apatite Park is a 325 acre wooded park located in the western portion of the city. The park offers a wide variety of recreational opportunities not often found in municipal park settings. Rock hounds have known about this area for over 150 years, when the first discoveries of gem-quality tourmaline were found there. Today, amateurs may still search the mine tailings for apatite, tourmaline and quartz specimens (special rules apply). The park also features approximately four miles of trails for non-motorized uses such as hiking, mountain biking, cross-country skiing, and snowshoeing. The Andy Valley Sno Gypsies also maintain a snowmobile trailhead within the park, which links to miles of regional snowmobile trails. For more information visit: www.auburnmaine.gov

Norway Savings Bank Arena

985 Turner Street Auburn, ME 04210
Joshua MacDonald 207 333-6601

Norway Savings Bank Arena is a 73,000 sq ft multi-purpose, multi-use community sports and recreational facility. As a dual surface hockey arena, Norway Savings Bank Arena provides year-round recreational skating and sporting events from youth, high school and adult league hockey teams to figure skating, learn to skate/play, public event space for graduations, trade shows, concerts and special events. A fully temperature-controlled atmosphere makes winter and summer events possible, coupled with a full service concession/catering kitchen, warm viewing area, casual seating, meeting space, WiFi, ATM, rental skates, locker rooms and an onsite retail pro-shop, Norway Savings Bank Arena is a full service recreational and business destination. For more information, please call 333-6688 or visit www.norwaysavingsbankarena.com

Oxford Plains Speedway

P.O. Box 208 Oxford, ME 04270 • Butch Lenberg 207 539-8865

Oxford Plains Speedway is recognized as Maine's premier speedway and home to the True Value 250, one of the most recognized short track events in North America held each year in mid-July. From mid-June through the end of August, Oxford Plains Speedway offers a weekly racing series on Saturday nights and a Wednesday night summer series. During the winter months on Saturday and

RECREATIONAL ACTIVITIES

Sunday and during school vacations, Oxford Plains offers snow tubing and snowboarding just two miles south of the speedway. Call 207-539-2454 for more information on snow tubing and snowboarding hours and rates. Take advantage of the great family fun Oxford Plains Speedway and Snow Tubing Park has to offer! www.oxfordplains.com

Pettengill Park/Union Street Gully

Auburn Parks & Recreation Department, Auburn, ME 04210
Ravi Sharma • 207 333-6600

Pettengill Park/Union St. Gully, a centrally located 50-acre urban park, has become a focal point for recreation activities for many Auburn residents. Facilities located within the park include: Hasty Community Center which houses a basketball gym and also serves as the offices for the recreation department. Other amenities include: a baseball field; lighted softball field; 3 outdoor basketball courts; a multi-purpose field; four playground areas; a multi-purpose building and a scenic fishing pond. For more information visit: www.auburnmaine.gov

Point Sebago Resort

261 Point Sebago Road, Casco, ME 04015 • 207 655-7949
www.pointsebago.com

Point Sebago Resort is located on the pristine shores of Sebago Lake, southern Maine's largest lake. Enjoy a picturesque lake-front setting that combines award-winning children's programs with a friendly, caring staff, a full-service marina, a nationally recognized 18-hole championship golf course, a lakeview restaurant, nightly entertainment, lounge, and a host of other recreational amenities to offer the ultimate location for a company retreat, vacation, reunion, and destination wedding. Special group discounts for golf packages and themed getaway weekends in spring and fall.

Poland Spring Resort Golf Club

543 Maine Street, Poland Spring, ME 04274
Cyndi Robbins • 207 998-4351 • www.polandspringresort.com

Poland Spring's history dates back to the 1790s. The three inns and eleven cottages with beautiful grounds and views of the White Mountains offer inexpensive spring through fall weekend and summer vacation packages. They have nightly entertainment, all you can eat buffets, and many activities (beautiful Donald Ross 18-hole golf course, Victorian library, grass tennis courts, bocce, large pool, shuffleboard, boating etc.). Open weekend from Memorial Day Weekend until Columbus Day Weekend and daily June 19- August 30.

Poland Spring Resort

543 Maine Street, Poland Spring, ME 04274
Cyndi Robbins • 207 998-4351 • www.polandspringresort.com

Poland Spring's history dates back to the 1790s. Close to the Oxford Casino. The three inns and ten cottages with beautiful grounds and views of the White Mountains. The Lodge is open year-round. The Maine Inn, Presidential Inn and Cottages are open May until October. In winter enjoy snowmobiling, cross country skiing, snowshoeing, tobogganing on their grounds. In summer, enjoy nightly entertainment, all you can eat buffets, and their many activities including the beautiful Donald Ross 18-hole golf course, Victorian library, grass tennis courts, bocce, large pool, shuffleboard, boating etc.

Range Pond State Park

Empire Road, Poland, ME 04015 • Gordeen Skolfield, Manager • 207 998-4104
Located on 750 acres, Range Pond is a day-use park, including a quarter mile of beach, nature trails, group area, ball field,

playground equipment, boat launch, and bathroom and changing facilities. Lifeguards are on duty in the summer.

Roy's All Steak Hamburgers & Golf Center

2514 Turner Road, (Route 4) Auburn, ME 04210 • www.roysgolf.com

Roy's Allsteak Hamburgers and Golf Center on Route 4. in Auburn provides an ideal setting for the entire family. The restaurant offers a variety of foods to accompany the hamburgers made famous by the grade "A" steak cut, ground and pattied on site daily. There is also an 18 hole mini-golf course and an expansive golf driving range. Adjacent to Roy's lies Pine Acres 9-hole golf course and a 4 station baseball and softball batting cages.

Sparetime Recreation

24 Mollison Way, Lewiston, ME 04240 • Bill Boardman
207 786-BOWL (2695) • Fax: 207 346-0068
bboardman@sparetimerec.com • www.sparetimerec.com

Sparetime Recreation specializes in fun for all ages. Family fun at the modern 34-lane bowling center features automatic scoring and bumper systems to allow for fun for young children. In addition to bowling, the center now hosts Lewiston-Auburn's largest arcade with pool tables, air hockey, and foosball. It is open all day every day for League and Open bowling. On Friday and Saturday nights, most of the lanes are lit up for Rock n Bowl which includes music, prizes, and give-a-ways. Their cafe offers a full menu of pizza, sandwiches, wraps, dinners, and more. They have a full bar as well. The center can also host corporate parties, birthday parties, group events, or fund-raisers. Sparetime Recreation... Good Friends, Good Food, Good Times... Reward Yourself... Come Play!

Spring Meadows Golf Club at Cole Farms

59 Lewiston Road, Gray, ME 04039 • 207 657-2586
www.springmeadowsgolf.com

New in 2000, Spring Meadows quickly earned the reputation as being one of Maine's best conditioned golf courses! It features a challenging 18-hole layout with generous fairways, but the four sets of tees enable players of all abilities to enjoy the beautiful layout. Spring Meadows has a well-stocked pro shop, a 200 seat banquet facility and a comfortable player's lounge to celebrate your achievements on the course. Call or book your tee time on-line and come see why the New England Golf Guide calls Spring Meadows "... among the lushest courses anywhere in New England."

Springbrook Golf Club

141 U.S. Hwy 202, Leeds, ME 04263 • Joe Golden • 207 946-5900
www.springbrookgolfclub.com

Springbrook, a challenging 18-hole championship course, is open to the public. The course has a reputation for being extremely well maintained, with greens that are considered among the best in Maine. The beauty of the course is enhanced by a brook, which meanders through the middle of the course. Beautiful seasonal wildflowers attract occupants for the 150-yard-marker birdhouses! The clubhouse and snack bar are housed in a uniquely converted rustic post-and-beam barn, with seating for up to 250. Food served ranges from hot dogs and burgers to on-premise catered banquets and barbecues. Beverages served include soft drinks, beer, wine, and mixed drinks.

Stanton Bird Club

PO Box 3172, Lewiston, ME 04243-3172 • 207 782-5238
www.stantonbirdclub.org

The Stanton Bird Club is a local conservation organization serving Androscoggin County. Founded in 1919 making it one of the oldest bird clubs in the country, it owns and manages three sanctuaries-Thorncrag in Lewiston (372 acres), Woodbury in Monmouth (402 acres), and Applesass Hill in Lewiston (2 acres). All properties have

RECREATIONAL ACTIVITIES

trails and are open to the public free of charge. The club offers numerous opportunities during the year for local and state field trips, and monthly programs presented (Oct - May) on subjects of natural history interest. All are free of charge. Membership information is available on the website.

Taber's

473 Lake Shore Drive, Auburn, ME 04210
Daniel Hargreaves • 207 784-2521

Taber's offers a unique recreational experience on the shore of Lake Auburn. Visitors can enjoy a burger or sandwich and their favorite ice cream while playing miniature golf or hitting golf balls at the driving range.

Taylor Pond Yacht Club

Perkins Ridge Road, Auburn, ME 04210
Leigh St. Pierre, Commodore • 207 777-3534 • www.tpyc.info

Taylor Pond Yacht Club was founded in 1942 for family recreation. It is located on the west shore of Taylor Pond in Auburn, a beautiful two-mile-long lake situated near Lost Valley Ski Area and just minutes from downtown Auburn and Lewiston. The club's 40 acres has over 850 feet of shore frontage with a sandy beach and pine tree shaded picnic area. Members enjoy the use of two clubhouses with a large screened porch, two hard-surfaced tennis courts, protected swimming area, dock, boat mooring area, ball field, and plenty of parking. Although Taylor Pond Yacht Club is a private club, it offers tennis, sailing, swimming, and art lessons that welcome the public. Qualified paid instructors and their assistants design programs with an emphasis on safety and fun.

The Great Outdoors

68 Naiad Lane, Turner, ME 04282 • Mary Seaman • 207 224-7061

The Great Outdoors is a family-run, private recreational function facility located on the northern end of Pleasant Pond, directly adjacent to restaurants, golfing, and a country club. The 60-acre facility includes a lodge with a full-service kitchen, an inviting fieldstone fireplace and stage, with seating for up to 300 people, picnic areas with grills, sports areas- tennis, basketball, horseshoes, baseball, volleyball, large sandy beach and swimming area, and kayak and canoe rentals. Two, three and six, bedroom cottage rentals are available by the week, month or season from May through September. New in 2012, off grid yurt and tent sites are now available. The Great Outdoors can accommodate groups of up to 2,000 people for a limitless array of events, including weddings and receptions, family and class reunions, staff parties, corporate retreats, dances, graduation gatherings, summer day camp/day care access, and fund-raisers.

Thorncrag Nature Sanctuary

Gates to the right of the corner of Highland Spring Road & Montello Street, and at the dead end of East Avenue Lewiston, ME 04240
207 783-2839 • www.stantonbirdclub.org

Thorncrag Nature Sanctuary, the largest bird sanctuary in New England, is a 372-acre wildlife preserve located within the city limits of Lewiston. It is owned and managed by Stanton Bird Club. A halfmile hike to the top of the sanctuary is rewarded with a view, at the highest point in the city, of Mt. Washington, NH. The sanctuary is open to anyone from dawn to dusk for birdwatching, snowshoeing, cross-country skiing, picnicking, hiking, and many other activities. Trail maps are available at the gate kiosks. Dogs and other domestic pets are prohibited from Thorncrag Nature Sanctuary.

Turner Highlands Country Club

North Parish Road, Turner, ME • George Chiasson & Dave Iannotti
207 224-7060 • www.turnerhighlands.com

Turner Highlands is an 18-hole course that is challenging, very well maintained, and has beautiful views of the surrounding mountains. It is open to the public with 9 and 18-hole rates. Reservations are recommended. Included is a well-stocked pro-shop, locker rooms with showers, a snack bar for a quick bite, a comfortable player's lounge- and Fore Seasons Restaurant for dining and functions.

YMCA of Auburn-Lewiston

62 Turner Street, Auburn, ME 04210 • Brian Dubois • 207 795-4095
www.alyca.com

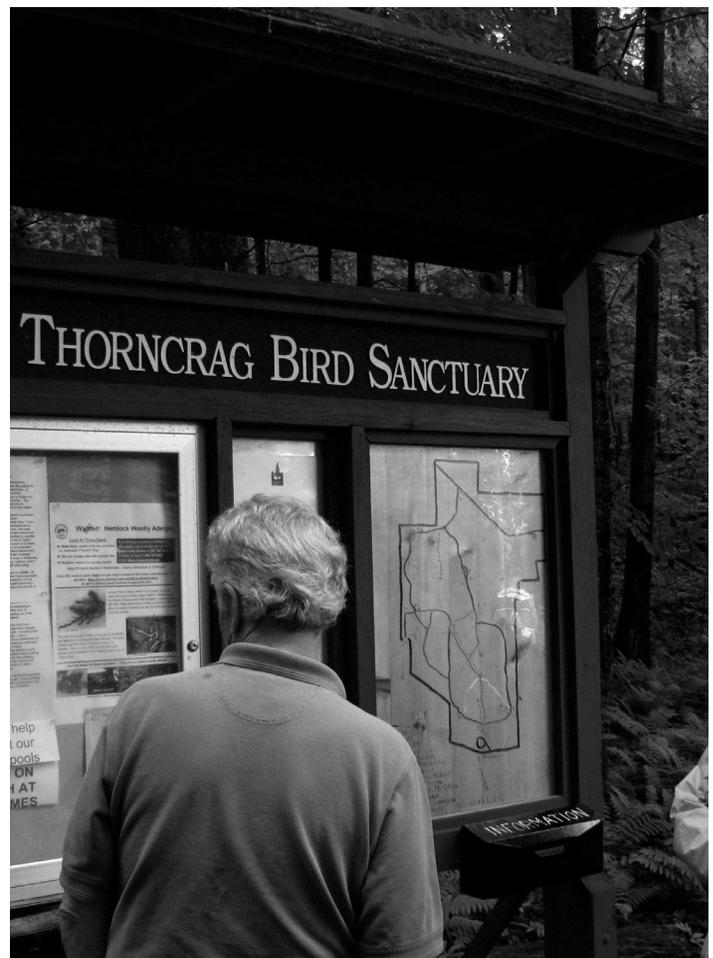
Since 1868 the Auburn-Lewiston YMCA has been providing opportunities for people to lead healthy lifestyles. Today, the Y is for Youth Development, Healthy Living and Social Responsibility.

Youth Development – we're providing opportunities for children to learn, grow and thrive through our Camp Connor Summer Day Camp, Nationally Accredited Full-day Child Care, after school care and youth sports programs, such as swim lessons & swim team, Bidy Basketball, tee ball, batting instruction, field hockey and Home School sports. Healthy Living –over 50 group exercise classes per week makes the Y a great place to meet people while pursuing healthy lifestyles. Social Responsibility – become involved in a community event, participate as a committee member, or help raise funds to support your neighbors.

YWCA of Central Maine

130 East Avenue, Lewiston, ME 04240 • 207 795-4050

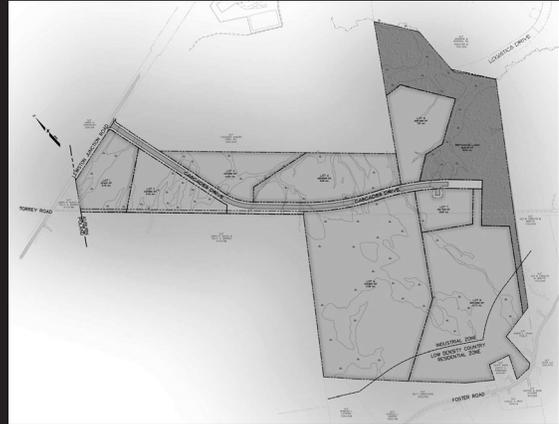
The YWCA offers comprehensive aquatics instruction, therapeutic, and recreational. We serve children from ages 1-5 in our day care program as well as before and after Kindergarten, and before and after school care. The YWCA also offers a summer camp.



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